

May 13 – May 15, 2010
Delta Winnipeg, Winnipeg, Manitoba



CALL FOR ABSTRACTS

Submission Deadline: November 30, 2009

11th National Conference on Collaborative Mental Health Care

Finding innovative approaches to promote mental health and wellness within the primary care and mental health service systems is essential in preventing both physical and mental health challenges. To be able to '*Keep One Step Ahead*' in promoting wellness in one's practice, the clinician needs practical, effective and efficient strategies to address important client and system concerns.

Our conference will provide an opportunity to showcase significant developments in mental health promotion locally, nationally and internationally by sharing valuable information on the most recent advances in prevention and promotion. Participants will not only benefit from the knowledge shared but also from the practical tools that assist them in their day-to-day work. The conference will feature a combination of keynote speakers, symposia, interactive workshops, and 'story-telling' presentations with plenty of time to network, exchange ideas and share information.

Keeping One Step Ahead:
Practical Approaches to Mental Health Promotion

Conference Objectives:

1. To advance the knowledge, skills and vision of mental health promotion within collaborative care settings
2. To enhance the client's voice in collaborative care
3. To increase knowledge about primary mental health care and system design
4. To strengthen networks and share resources
5. To discover practical solutions/tools to promote health and wellness within a busy office setting
6. To initiate dialogue about a national agenda for collaborative mental health care
7. To advance mental health promotion across the lifespan of our clients (childhood to senior adulthood)

Conference Streams:

The conference is designed around key 'streams' which will address the conference objectives and reflect the program structure.

1. Practical Solutions/Approaches to mental health promotion
2. Cultural Competency
3. Resilience – discovering, acknowledging and promoting
4. Stories of wellness and well-being, lessons learned, and resilience

Who Should Attend?

- Family physicians and other primary care providers
- Mental health care providers
- Psychiatrists and Psychologists
- Administrators and policy makers
- Other health disciplines working with primary care
- Consumers and family members
- Educators and their students
- Researchers

Presentation Formats:

Contributors to the conference are invited to submit proposals for consideration by the Scientific Committee in one of the following formats:

A **paper** presentation (15 minutes and 10 minutes for questions) will address innovative ideas, work in progress/completed research, and informative 'how to' knowledge that impacts clinical practice, system design and policy development related to mental health promotion.

A **poster** presentation will address concepts and research related to the conference theme. The presentation follows previous conference formats, which facilitate face-to-face contact with attendees to increase the opportunity for academic discussion and collaborative networking.

An **interactive workshop** (60 – 90 minutes) provides participants with the opportunity to respond to and reflect on the material presented while achieving specific learning objectives. At least *half the time* should be available for discussion.

An **innovative presentation** (15 – 90 minutes) is one in which the presenter(s) utilize(s) one or a variety of media or formats to address key learning objectives, for example, a film and commentary, interpretive dance, performing music, performing a play, etc.

A **symposium** will include 3 or 4 papers or presentations on a common theme, totaling 60 - 90 minutes including question time.

Story - telling (20 – 60 minutes) is an opportunity to tell your story of a project or an experience in a comfortable setting with receptive listeners. It may include a life changing event that changed your attitudes, clinical approach, or interactions towards particular individuals, groups, or systems that resulted in a preventative action or a promotion of mental health. This may include 'the discovery of resilience' and successes or lessons learned in keeping with the conference's theme.

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Submission of Proposals:

- All proposals must be submitted on-line: www.shared-care.ca
- Proposals should include:
 - Title of the presentation, presenter name(s), professional designation(s), if applicable, organization(s), presentation format,
 - Relevancy to conference stream/theme along with conference objective(s) the presentation will meet;
 - 3 learning objectives related to the theme;
 - 2 literature references (as applicable)
 - an abstract should be no more than 250 words in total;
 - a 75-word description of the presentation, which will be used in all conference literature; and
 - all audio-visual equipment required
- Interactive workshop, innovative presentation and symposium proposals must include how the need for the respective presentation was determined and how participants will receive feedback about their learning.
- Submissions from consumers and family members are particularly encouraged.
- An individual/group may submit more than one proposal.
- All submissions will be acknowledged upon receipt.
- **Proposal submission deadline is midnight (CST) Monday, November 30th, 2009.**
- Submitters will be notified of proposal selection by Friday, January 15, 2010.

Criteria for Acceptance:

All proposals will be evaluated according to the following criteria:

- Consistency with the theme and objectives of the conference
- Fit within one of the identified conference streams
- Relevance to collaborative primary and mental health care
- Originality

Accepted Proposals:

- If a proposal is accepted for a paper, workshop, symposium, innovative or story-telling presentation, the presenter(s) agree(s) to register for the conference and pay the appropriate conference registration fee by **February 1, 2010**.
- Presenter(s) agree to make the presentation as scheduled by the conference planning committee.
- Presenter(s) agree to complete, sign and fax a disclosure form by **November 30th, 2009**. **Note:** Financial support for part or all of a presentation must be indicated on the disclosure form to be completed by each participant. Events that are co-sponsored by the 2010 National Conference on Collaborative Mental Health Care and industry must follow the appropriate MOC process. All sessions partially or fully sponsored by industry that are submitted to the program rather than held as industry sponsored events will be monitored for compliance with MOC requirements.
- As an alternative to a paper or interactive workshop, the conference organizers may offer presenters the opportunity to present their work in the form of a poster presentation or if applicable, as a reflection by story telling.
- All correspondence relating to presentations, including e-mail addresses must be in the name of the principal presenter (submitter) who will remain the main contact. It is the contact person's responsibility to notify all others involved in the presentation.
- Accepted proposals must be presented in the language in which they were submitted (English or French).
- Simultaneous translation will not be offered during the conference.
- All audio-visual equipment for paper, workshop, symposium and innovative presentations must be requested when submitting the abstract. Additional equipment not listed on the submission form may not be available and remain the presenter's responsibility.
- No audio-visual equipment will be provided for poster presentations.
- All accepted proposals will be posted on the conference website, as submitted in the 75-word description, and will include the names of all presenters and the contact information for the principal presenter.
- If for any reason the principal presenter does not want the proposal to be posted on the conference website, this should be indicated on the submission form.

To submit your abstract, please go to:

www.shared-care.ca

For more information contact:

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