

CASC CONFERENCE 2011 WORKSHOP DESCRIPTIONS

WEDNESDAY APRIL 13, 2011 – END OF LIFE WORKSHOPS

There were many excellent workshop proposals submitted on the theme of "End of Life". The planning committee decided to offer a full day conference on Wednesday April 13, 2011. This is open for all CASC members and will be promoted to other professionals in the Toronto area. Twelve workshops will be offered and you will have a choice of four.

Please note that there are other pre-conference workshops being offered by the CASC membership on the same day, including the ethics module and others workshops listed below under "WEDNESDAY APRIL 13, 2011 – PRE-CONFERENCE WORKSHOPS".

Topic: The Stories of Forgotten Mourners: Helping Nurses to Grieve Their Patients

Time: 8:30-10:00am

Presenter: Rena Arshinoff

Description:

Nurses rarely have time to respond emotionally when their patients die, putting their own feelings aside as little attention is given to their grief. As a result, fast paced hospitals generate nurses who become forgotten mourners. This session examines how Jewish healing concepts help to create opportunities for them to openly grieve and safely voice feelings of loss in order to recognized the impact they had on each other in life and in death.

Topic: Last Rights: Guidelines for Reasonable Religious Accommodation at EOL

Presenter: Klara Siber

Time: 8:30-10:00am

Description:

Toronto is one of the most religiously diverse cities in the world. As the city's population diversifies and ages, standards for reasonable accommodation of healthcare for religious groups has become increasingly important for patients and healthcare professionals. Religious beliefs play a key role in how decisions are made at end-of-life. The objectives of the workshop are: 1) present how religious beliefs impact decision making at end-of-life 2) examine challenges and ethical issues related to religious accommodation 3) invite discussion around the role of spiritual care professionals in developing guidelines for religious accommodation in a diverse healthcare system.

Topic: How Dealing with Death Impacts Health Care Professionals Providing Care at the End of Life

Time: 10:30am-12:00noon

Presenter: Shane Sinclair

Description:

This workshop will explore the impact of death and dying on the personal lives and practices of palliative care professionals, including the formation of their spirituality. Three broad themes will be discussed-- Past: The prevalence of death in the early years; Present: The power of death over life; Future: The continuity of life and death. Palliative and hospice care professionals frequent the landscape of death and dying, providing important insight on the nature of mortality that may be of benefit to individuals facing the end-of-life and health care professionals caring for them.

Topic: Transformational Spiritual Care: An Interprofessional Team Approach

Time: 10:30am-12:00noon

Presenters: Donna Mann, MTS, Maureen Quinn, NP

Description:

A Nurse Practitioner and a Spiritual Care Provider who work collaboratively on a Hospice Palliative Care Team in the community will share about their care provision, through a program of the Waterloo Wellington Community Care Access Centre. Using two case scenarios they will share interventions and successful outcomes in the lives of palliative clients struggling with significant spiritual distress.

Topic: Improving End of Life Care at Hamilton Health Sciences: Using Policy and Education to Change Practice

Time: 10:30am-12:00noon

Presenter: Peter Lopinski

Description:

This session describes a new policy and educational effort at Hamilton Health Sciences that improves end-of-life care by encouraging a collaborative and pro-active approach with patients and families to ensure that their wishes and values regarding the dying process are supported. To assist with the policy's implementation, a number of resources were developed including a reflective practice tool for health care providers. Session participants will sample some of the reflective exercises with the intention of enhancing their own abilities to engage people around issues related to death and dying.

Topic: Improving the Quality of Care to End of Life - Alleviation of Suffering: Perspectives of the Terminally Ill, Their Families & Professional Caregivers

Time: 13:00-14:30pm

Presenter: Rev. Elaine MacInnis, Dr. Brian Berger

Description:

Key findings of this research based presentation reveal: (1) the prevalence of suffering from the time of diagnosis of a life-threatening illness, throughout the illness trajectory until death; (2) factors that contribute to patient/families experience of suffering; (3) the significance of spirituality and telling one's story through medical, illness, faith and belief narratives; how taking a "spiritual and cultural history" helps clinicians understand patient's lifeworld and needs, identify symptoms of distress/suffering, implement spiritual and medical interventions to alleviate suffering and improve the quality of care to end-of-life.

Topic: Development of an Interdisciplinary Advance Care Planning Presentation for ALS Patients and their Caregivers

Time: 13:00-14:30pm

Presenters: Vivian Stang, Chaplain, Certified Specialist, Heather Allen, MSW, Sue McNeely, RN, Barbara Moulton, Chaplain

Description:

It is challenging to discuss end of life treatment options. Presenters will highlight an education session on advance care planning that they do for individuals and families facing a terminal illness such as ALS. Interdisciplinary collaboration is important to ensure sensitive material is discussed in a timely manner. A review of the literature supports this kind of education session. One chaplain will present a creative palliative care resource she developed for addressing end-of-life spiritual and emotional needs.

Topic: The Art and Science of Delivering Bad News

Time: 13:00-14:30pm

Presenters: Lori Robertson, Spiritual Care, Rebecca Edwards, Social Worker

Description:

The pronouncement of death or serious injury in the event of trauma comes with little or no forewarning and can itself be a traumatic event for both the family receiving the news and also for those who must deliver the news. For this workshop the presenters, a Social Worker and a Spiritual Care Provider, draw on clinical research, practical guidelines and their experiences in a Toronto trauma centre, to demonstrate a sensitive and practical interdisciplinary process.

Topic: A Collaborative Hospital Based Bereavement Group

Time: 15:00-16:30pm

Presenters: Falia Damianakis, June Mawhinney, Sharon Konyen

Description:

In this workshop you will learn about the collaboration of spiritual care and addiction services in creating a hospital based bereavement group. Participants will: Gain an understanding of how to set up and facilitate a hospital bereavement group; obtain a content template and thematic outline of an eight week bereavement group; take away a screening and an evaluation tool to use in creating own bereavement group; experience several non-religious rituals to incorporate into bereavement group.

Topic: A Spiritual and Physical Journey in Quality End of Life Care

Time: 15:00-16:30pm

Presenters: Nancy Hemrica, Organ Donor and Tissue Coordinator, Claire Gosselin, Chaplain, CASC Specialist and Provisional Supervisor

Description:

Share our end of life experience at HHS as we developed our organ donation program. We developed a unique and very meaningful way to address the needs of grieving families, stressed and fragile staff and create a spiritual presence that enhances the donation experience for all parties and leads us to offer exemplary end of life care. Note: the presentation is in English, however French dialogue and questions are welcome.

Topic: The Pritchard Palliative Spiritual Assessment Tool: A Dark Night Model for Spiritual Assessment & Care

Time: 15:00-16:30pm

Presenter: Zinia Pritchard

Description:

The Pritchard Palliative Spiritual Assessment Tool (PP-SAT) introduces the contemplative spirituality of the Dark Night as a language and means of diagnosing and managing spiritual health and spiritual pain at end of life. This inter-professional workshop will engage case study application and review of contemplative spiritual care postures.

WEDNESDAY APRIL 13, 2011 – PRE-CONFERENCE WORKSHOPS

Topic: The Art and Science of Islamic Spiritual Care

Presenter: Nazila Isgandarova

Time: 13:00-14:30pm

Description:

The participants will learn the traditional Islamic spiritual care methods and techniques, including re-examining the purpose of life and the 'tazkiyah' (purification). The Islamic understanding of purification is a disciplined and rich process and involves divine intervention with enlightenment than expands the heart and launches a process of transformation.

Topic: The Practice of Spiritual and Theological Reflection

Time: 15:00-16:30pm

Presenters: Thomas St. James O'Connor, Elizabeth Meakes

Description:

This workshop presents the findings of qualitative research on spiritual and theological reflection. It has two phases. The first phase on theological reflection looked at 75 chaplains, pastoral counsellors and community clergy. The second phase examined the practices of spiritual reflection by 20 non-chaplaincy health care professionals. The workshop draws conclusions from this research. Participants in the workshop will be given an opportunity to discuss the conclusions and their own experiences of spiritual/theological reflection.

Topic: Mental Health, Homelessness, Trauma & Spirituality: Developing a Holistic, Interprofessional Approach to Care

Time: 8:30am-12:00noon

Presenters: Margaret Flower, Ase Hallgren, Sharon Iwama, Kanae Kinoshita, Tara Laing, Marnie Roper, Andrzej Tarnas

Description:

Interactive workshop with interprofessional members of a supportive housing community (AIS) for diverse peoples affected by mental health challenges, substance use, trauma, and homelessness. Discuss AIS's holistic, collaborative model of care, with emphasis on meaning, hope and healing; trauma as injury to the spirit; and building authentic, compassionate relationships. Discuss case studies, and community perspectives on mental health and mental health care. Presenters represent program management, tenant support, spiritual care, nutrition, concurrent disorders, and community development.

THURSDAY APRIL 14, 2011

Topic: Charting for Spiritual Care

Time: 9:00-10:30am

Presenter: Jan Kraus

Description:

Thoughtfully written chart notes can be a source of self-reflection as well as information. This workshop explores the use of language and images that can help spiritual care professionals bridge the clinical and creative aspects of interprofessional communication. When chart notes are experienced as enlightening, rather than time wasting, they can become a source of meaningful communication.

Topic: Creating an International Interdisciplinary Community of Spiritual Care

Time: 9:00-10:30am

Presenters: Ann Vander Berg, Marissa Slaven, Mary E. Johnson, Julie Knopp, Bruce Pierce, Elizabeth Latimer, Dori Seccareccia

Description:

This workshop will provide a model for health care providers to develop a national or international environment where they can discuss the spiritual issues they face on a daily basis. The reflection necessary to participate and the support provided by the group are a means of promoting self-awareness, self-care and avoiding burnout. The group consists of 3 palliative care physicians from Canada, 1 palliative care (APN) nurse from the US and 3 chaplains, one of each from Canada, the US and Ireland.

Topic: The Interprofessional Team Addresses the Spirituality of Grief and Loss

Times: 9:00-10:30am (Part I) & 14:00-15:30pm (Part II)

Presenters: Peter Barnes, Pippa Hall, Susan Brajtman, Raphael Amato

Description:

This interactive and engaging workshop will highlight the importance of spirituality related to grief and loss as practiced by the interprofessional team. Several tools will be used to help

participants reflect on their personal reactions to bereavement care scenarios and to their experience of grief and loss, as well as to explore the impact these reflections and tools may have on their practice of collaboration with colleagues, clients and families.

Topic: The Art of Spiritual Care: Articulating our Uniqueness in an Interdisciplinary and Interprofessional Environment

Time: 9:00-10:30am

Presenters: Rev. Marc Doucet, Rev. Dr. John Vincent

Description:

In the medical and scientific world of healthcare, the art of spirituality has an increasingly relevant role. Most disciplines are now aware of the role and influence that spirituality can have for the wellbeing of patients, evidenced in the increased importance placed on patient-centred care. Spirituality is seen as contributing to "holistic care". Given the interdisciplinary and interfaith environments in which we work, it is essential for Spiritual Care Professionals to be able to articulate the unique contribution spirituality offers to this common effort of holistic health care. It becomes imperative for Spiritual Care Professionals to give voice to our uniqueness in order to enhance and improve the healing process, thus influencing lives and situations personally, institutionally and in our world.

Topic: "My Spirituality" Inpatient Psychiatry Group

Time: 9:00-10:30am

Presenter: Rev. Ralph Magnus

Description:

Ralph Magnus researched, developed and introduced a spirituality group into a program that had never had one before. Hear and see the artistic expressions of patients who inspired him to create a space for them to openly claim their spirituality. Hear about the collaborative process that made the group possible. Reflect on the dreams your clients/patients inspire in you. Join the conversation with others who have tried new things as we learn from each other.

Topic: Visioning Ontario's "Association Life" distinct from "College Life" for Spiritual Care Professionals

Time: 9:00-10:30am

Presenter: Robert Bond

Description:

This workshop will look at 'what exists' in terms of Ontario's fragmented professional (and vocational) landscape for spiritual care providers, the province's college development piece, the resources and blocks within CASC itself, and then 'push forward' to consider where we might go and how we might not only get there but actually lead there.

Topic: Multicultural Competencies in the Practice of Spiritual Care

Time: 14:00-15:30pm

Presenter: Anke Flohr

Description:

This inter-active workshop will provide a framework to reflect on multicultural competencies in the practice of Spiritual Care. Building on the ADDRESSING model developed by Pamela Hays ("Addressing Cultural Complexities in Practice: A Framework for Clinicians and Counselors." American Psychological Association. 2001) and the presenter's international and interprofessional experience in providing spiritual care and education for over 20 years in Europe, the USA and now Canada will guide the session. Participants will engage in cultural self-awareness and strengthen their sensitivity and competencies as spiritual care providers in multicultural and multifaith societies.

Topic: The Essentials and Art and Science of Clinical Supervision

Time: 14:00-15:30pm

Presenters: Colleen Lashmar, Doug Jones

Description:

Supervision in Spiritual Care and Counseling entails four roles: teaching, evaluating, consulting and facilitating, to name some. Supervision also involves a philosophical stance whether this is practical and tends toward a blend of practical tasks while being faithful to the use of self in ministry, or to a philosophy which highlights the use of self and explores inner conflicts and chaos. Historically, these philosophies were known as the "Boston" and "New York" groups. Case studies and discussion will explore the art and science of current supervision to see if the best parts of each approach might be highlighted.

Topic: Life Stories: I Would Have Treated Him Differently if I Had Known That About Him

Time: 14:00-15:30pm

Presenters: Debra Crispin, Michelle Daigneault

Description:

We want to share the Life Story initiative we are introducing on our Complex Continuing Care Unit in a major teaching hospital. This workshop will focus on the process of starting a the program, the successes and challenges in promoting interdisciplinary involvement, the unexpected benefits in addition to the collection of stories and possible directions for research.

Topic: The Art and Science of Therapeutic Touch as a Spiritual Intervention

Time: 14:00-15:30pm

Presenter: Rev. David Maginley

Description:

Therapeutic Touch is a non-contact clinical modality derived from ancient healing arts, but grounded in modern language and the methods of scientific research. Explore how this healing art has been an effective tool for the relief of pain, nausea, distress and comfort for the dying. The history, theory, principles, theological implications and research of Therapeutic Touch will be explored, along with a demonstration treatment and hands-on experience of the human energy field.

Topic: Do Spiritual Care Providers do Psychotherapy in Their Practice?

Time: 14:00-15:30pm

Presenters: Thomas St. James O'Connor, Heather Vanderstelt, Stephen Hudecki

Description:

This workshop presents the definition and scope of practice of psychotherapy from the act of Psychotherapy 2007. It also presents a PCE program run at St. Joseph's Mental Health facility, Hamilton, Ontario with resident spiritual care providers. Students share experiences of the program including doing spiritual care therapy with patients/clients. Participants will examine their work as spiritual care providers and evaluate whether their practice falls within the scope of Psychotherapy 2007.

FRIDAY APRIL 15, 2011

Topic: Common-Factors Approach To Supervision

Time: 9:00-10:30am

Presenter: Rev. Melvin Rose

Description:

Common-Factors Approach To Supervision survey's research conducted on common elements of supervision across models of supervision. The workshop will present a sample of models of supervision that have been developed over the past number of decades with a view to contribution and commonality. Having identified some common elements across models a

three-dimensional model, will be highlighted . Implications for practice and training will form part of the presentation and workshop discussion. One specific implication for practice is the usefulness of the model by both supervisors and supervisees in ensuring that key domains are covered in supervision.

Topic: Answering the Question - How Might Sound Therapy and Spiritual Care Affect Those Suffering From Mental Health?

Time: 9:00-10:30am

Presenter: Stephen Hudecki

Description:

Experience the process of combining Spiritual Care therapy with Sound therapy in a case study of a psychiatric patient. Expect to play, listen and ponder the intriguing and powerful world of non-verbal interventions. What is a more creative act than that of spirituality?

Topic: The Competent Spiritual Care Professional

Time: 9:00-10:30am

Presenters: Peter Barnes, Becky Vink, Marj Pettinger

Description:

What makes a Spiritual Care Professional competent and how are they accountable to their colleagues and to their employer? How can competence be assessed and measured? This workshop explores the use of behavioural competencies for professional expertise and will specifically look at the proposed CASC core competency model for Spiritual Care providers.

Topic: Being a Spiritual Care Provider in Insane Places: The Art and Science of Attending to Spiritual Crisis and Moral Distress

Time: 9:00-10:30am

Presenter: Philip Crowell

Description:

The workshop facilitates a process of identifying the challenges of the healthcare environment as it become more demanding of spiritual care providers. We identify those troublesome and "insane" places for patients and providers examining what is called "spiritual crisis", "moral distress" and "vicarious trauma." In our respond to some of these challenges we will discuss and conceptualize our vision of spiritual care through various forms of Aboriginal, existential, religious, and medical art in order to re-image our understanding of care.

Topic: The Art and Science of Spiritual Care in a Mental Health Institution where Spiritual Care Providers and Psychiatrists Might Collaborate.

Time: 9:00-10:30am

Presenter: Ellen Faubert

Description:

Ellen will present her PhD research project on "How Might Psychiatrists and Chaplains Collaborate in Delivering Spiritual Care to Persons with Mental Illness - A Canadian Perspective." A presentation will be given on the background of this research and the description of the research method. An interactive discussion will take place on the outcomes of the research and how a synergy may be developed between spiritual care providers and psychiatrists in a mental health institution.

Topic: Regulation of Psychotherapists and Mental Health Therapists in Ontario - An Update on the Work of the Transitional Council of the College of Registered Psychotherapists and Registered Mental Health Therapists of Ontario

Time: 9:00-10:30am

Presenter: Joyce Rowlands, Registrar, Transitional Council of the College of Registered Psychotherapists and Registered Mental Health Therapists of Ontario (CRPRMHTO)

Description:

In 2007, Ontario passed the Psychotherapy Act, to regulate psychotherapists and mental health therapists. Joyce Rowlands, Registrar with the transitional Council of the College of Registered Psychotherapists and Mental Health Therapists of Ontario (CRPRMHTO), will provide an overview of the process to establish this new regulatory body, as well as an update on proposed registration requirements and a description of the public consultation process expected in Spring/Summer 2011. A 30-40 minute presentation will be followed by a Q&A period.

Topic: High Stake Dialogue - Where Art and Science Meet

Time: 14:00-15:30pm

Presenters: Dr. Martin Rovers, Rev Doug Longstaffe, Rebekah Hackbusch

Description:

An experiential workshop utilizing concepts from writers in the complementary fields of communication theory and spirituality. Participants will be invited into an examination of cognitive distortions and emotional blockages that can lead health care teams astray. The unique role of Spiritual Care practitioners in facilitating productive team interactions that humanize process while improving medical outcomes will be explored, highlighting the relevance of the ancient arts at the heart of our concepts of Presence.

Topic: Images of Spiritual Care

Time: 14:00-15:30pm

Presenter: Brian Walsh

Description:

While our modern hospitals have emerged in a Judaeo-Christian and Secular milieu; Western culture is currently experiencing a religious and spiritual diversity not seen since ancient Rome. How does this impact our understandings of our role? How do we see ourselves as we work within and across traditions? This workshop will briefly explore two instances of medical spiritual care in multi-cultural settings, one modern and one ancient; then explore the 'clergy' archetype and how we experience it.

Topic: Interprofessional Collaborative Team Care: Relationships, Respect and Working to Full Scope in Health Care

Time: 14:00-15:30pm

Presenter: Patti McGillicuddy

Description:

This workshop will provide an introduction to the history, theory and practice of interprofessional education and collaborative team care. There will be an opportunity to engage in interactive experiential group exercises and as individual reflective exercises designed to assist in building capacity for interprofessional relationally based work with clients/patients, students and colleagues. The role of spiritual care staff as witnesses and mentors to staff and patients will serve as context for this workshop.

Topic: Breaking out of the Box: Enriching Ethical Decision-Making with the Tools of Narrative Inquiry, an Interprofessional Approach

Time: 14:00-15:30pm

Presenters: Ann Heesters, Jim Huth, Sylvia Davidson

Description:

During these critical times in healthcare, it is not uncommon for healthcare ethics committees to show little curiosity or engagement to the stories that persons tell of why it is so difficult for them to reach an ethical decision. The presenters, who are ethics facilitators at Toronto Rehab, will showcase the importance of separating persons from the ethical problem they face. Presenters will explore with participants standard ways that ethics consultants use to address

ethical quandaries, including the Four Box method; presenters will also show how narrative inquiry can serve as a more innovative and pastoral approach to assist in reaching ethical decisions. Presenters will ask participants to offer "troubling" ethics cases that they encountered in their practice. With these cases in hand, participants will break into small groups to practice how they can "think outside the box" and practice using narrative inquiry to help their clients address ethical issues.

Topic: Three Doors to Spiritual Reflection: the Role of Emotion, Images and Sacred Texts in Spiritual Reflection done by Non-Chaplaincy Health Care Professionals

Time: 14:00-15:30pm

Presenters: Michael Chow, Gary Payne

Description:

Among others, nursing, occupational therapy, physiotherapy, social work, and medicine believe that addressing the spiritual needs of clients and patients is within their scope of practice and part of holistic care. Is there a gap between the research, the interest and the actual practice? Spiritual care involves spiritual reflection. Based on an ethnographic study, this workshop explores "three doors" to spiritual reflection, namely the role of emotion, images, and sacred texts in spiritual reflection done by non-chaplaincy healthcare professionals.