

# Spiritual Care

## Special Edition

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We focus on :

“ CAPPE/ACPEP  
and the 2006  
National Conference”

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### Editorial

by Ted Hicks and Ericka Block

Welcome to the first newsletter of 2006! We highlight opportunity, partnership, and *transition* in this issue.

First, opportunity draws your attention to the upcoming CAPPE Conference to be held in Winnipeg this year.

On February 15 -18, 2006, spiritual caregivers from across the country will descend on Winnipeg – just in time to help us celebrate our cultural roots at the annual Festival Du Voyageur. The 41<sup>st</sup> annual national convention of Canadian Association for Pastoral Practice and Education (CAPPE), hosted for the second time in Winnipeg, is designed to bring together spiritual care practitioners and educators for an AGM and for a time of reflection and learning.

Conference planners have settled on the theme *Leadership At the Margins: Unmasking God's World*. And what better place to look at leadership at the margins than in the heart of the prairies, where the Red and the Assiniboine meet...where the world of aggressive white traders and settlers once clashed with the world of nomadic indigenous peoples? *Once* clashed, we say?

*Leadership At the Margins: Unmasking God's World* is going to begin by acknowledging our interdependence and asking for a blessing by a First Nations elder. The convention is going to be invited to recognize and name at least some of the many masks we wear to keep margins where they are and to keep authority where we feel safe.

Dance, drummers, singers, and stories will enliven a daily liturgy to help us wake up... “*Wake up my people!*”

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# Spiritual Care Newsletter

Welcome to Spiritual Care, a newsletter for Spiritual Care Providers across Manitoba.

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This bulletin is made available through the support and cooperation of a variety of interfaith organizations and Manitoba Health.

We welcome the participation of any and all Manitoba Interfaith organizations. To submit an article or for more information, please contact a member of the editorial committee.

Please feel free to contact a member of the editorial committee with your suggestions.

The Spiritual Care Newsletter is developed by a committee of community spiritual care advisors, including:

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We are keenly aware that the old proverb is true:

“Wherever there is no vision the people perish.”

Herein is our intention to spell out a renewed vision of Spiritual Care, and to offer some ways of fulfilling that vision.

## Mission Statement

The Spiritual Care Newsletter articulates, affirms and explores the essential role of spirituality in holistic health and healing.

## Intention

This mission is carried out by providing information, fostering collegiality within and amongst disciplines, affirming the provision of professional care, and connecting persons in all regions of Manitoba.

The content of articles in Spiritual Care newsletter does not necessarily reflect the views of the Editorial committee or Manitoba Health.

## Vision

The Newsletter will:

- Offer a format that is fluid, organically relevant, and open
- Provide a format for the exploration of issues of access and barriers to care for marginalized people and communities
- Promote and reclaim the spirituality of wholeness and healing
- Include all disciplines
- Encourage diverse and complementary approaches
- Dialogue with other fields of Spiritual Care: prisons, schools, etc.

*Continued from Page 1*

Three keynote presenters will challenge us in unique ways: **Lloyd Axworthy**, Officer of the Order of Canada, Nobel Peace prize nominee, & currently President of The University of Winnipeg; **Rudy Wiebe**, award-winning Canadian author, speaking together with **Yvonne Johnson**, co-author of *Stolen Life: Journey of a Cree Woman*; and **Christine MacMillan**, Territorial Commander of The Salvation Army in Canada and Bermuda.

Thirty-four workshop options will take us into further depth.

The pre-conference day, Wednesday, Feb. 18, will offer an array of exciting experiential options. **Harry Lehotsky**, pastor of a radicalized inner city church, will lead a morning exploring community development in the heart of Winnipeg. **Brian Normand**, elder, will host the afternoon in a sweat lodge at Marymount, a residential treatment facility for girls. **Yoshi Masaki**, Chaplain and CPE Supervisor, is offering a one-day exposure to Headingly Correctional Centre. Further one-day intensives are: *Photo Therapy* (bring your own photos) led by **Dr. Judy Weiser**, private therapist; *Spirituality and The Continuum of Care* led by **Margaret McCallum**; and *The Enneagram and Spirituality* directed by **Hugh Walker**. **Case Vink** will facilitate a half-day workshop for planning discussion toward a college of spiritual care practitioners.

CAPPE Convention '06: *Leadership At the Margins: Unmasking God's World* is an opportunity to learn, to interface with ideas and people, to explore and experience, to contemplate our personal and corporate propensity to marginalize, and to join with colleagues and friends in a discovery of masks and unmasking.

Registration and further conference information is contained elsewhere in this newsletter or go to the CAPPE website at [www.cappe.org](http://www.cappe.org).

Secondly, partnership recognizes that spiritual care is happening in a variety of creative and appropriate ways across the country and around the world. Certainly, the choice to hold the national CAPPE Conference in the center of the country and continent implicitly acknowledges that partnership. More explicitly, this edition of the newsletter highlights the work of spiritual care in this Province. We are grateful for the contributors from the various regions throughout Manitoba. Let us celebrate each other and learn from each other in this dynamic work.

Finally, transition acknowledges the key roles that Marline Wruck and Paul Campbell have played in the shaping of spiritual care across the province and in ensuring this newsletter happens on a regular basis. Both Marline and Paul are in the midst of some changes in their personal and professional lives in the near future and, so, at this time we thank them for who they are, what they have done, and what they will continue to do.

This edition sees a couple of names new to the newsletter process in this introductory space. Although their names appear, both Erica and Ted are grateful for the significant behind the scenes input of George Neufeld and Paul Campbell and many, many others in the creation of this edition. It is truly a co-operative effort, with various folk from the editorial committee and others from the spiritual care community taking turns in the role of editor for each edition. Who will it be who will step forward to edit the next edition?

We hope you enjoy this newsletter and find it helpful. We welcome your feedback and invite your participation in future editions.

*Erica Block, Spiritual Care Department, Seven Oaks Hospital, Winnipeg.*

*Ted Hicks, Spiritual Care Department, Health Sciences Centre, Winnipeg*

# What is CAPPE / ACPEP?

CAPPE / ACPEP - Canadian Association for Pastoral Practice and Education :

- is a national multifaith organization which is committed to the professional education, certification and support of people involved in pastoral care and pastoral counselling.
- provides educational programs for lay persons and clergy who are preparing to become chaplains, pastoral counsellors, ministers, priests, or community based pastoral care workers.
- provides education and certification for supervisors and specialists.
- is concerned with a holistic approach to health care and personal development with a special focus on spiritual and religious care.

Members of CAPPE are employed in a variety of ministries and work settings, some of which include:

- health care facilities
- pastoral counselling centres
- prisons and correctional facilities
- industrial facilities
- developmental handicap services
- parishes, congregations
- private practice

ACPEP/CAPPE - L'Association canadienne pour la pratique et l'éducation pastorals

- est une organisation multiconfessionnelle nationale qui se consacre à la formation, à l'accréditation et au soutien professionnels des personnes engagées dans le service pastoral et le counseling pastoral;
- prône une approche holistique pour les soins de santé et le développement individuel en attachant une attention particulière à la vie spirituelle et aux rites religieux;
- offre des programmes de formation aux laïcs et membres du clergé qui se préparent à servir comme aumôniers, agents en counseling pastoral, dirigeants de groupes religieux ou travailleurs au sein de communautés de foi;

- assure la formation et l'accréditation des superviseurs et des spécialistes;
- est reconnue comme oeuvre de bienfaisance qui accepte les dons avec gratitude et remet des reçus de charité aux fins de l'impôt sur le revenu;
- est placée sous la direction d'un conseil d'administration formé des représentants des régions, des membres de l'exécutif et des présidents de commissions.

Où trouverez-vous les membres de l'ACPEP/CAPPE? Dans de multiples ministères et milieux de travail, entre autres:

- les établissements de santé
- les centres de counseling pastoral
- les prisons et établissements correctionnels
- les installations industrielles
- les services pour handicaps liés au développement
- les paroisses ou congrégations
- les services de pratique privée

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## VALUES, PURPOSE, MISSION & MANDATE 2005 - 2006

### Value Statement:

CAPPE/ACPEP'S central value is our compassionate engagement with each other and with the various worlds within which we are called to relate and thrive.

### Purpose:

CAPPE/ACPEP is committed to the education, certification, and support of spiritual care professionals in ministries of pastoral care, counseling and education.

### Mission:

CAPPE/ACPEP educates and leads for the enhancement of religious well-being and spiritual health.

### Mandate:

Engaging the soul deeply.

# What is a Pastoral Specialist?

## What is a Pastoral Specialist?

- A Specialist is a member of the Canadian Association for Pastoral Practice and Education (C.A.P.P.E.) who is certified as a specialist practitioner in pastoral care or pastoral counselling.
- Specialist's are grounded in a faith commitment and commissioned by their respective faith community to provide spiritual and religious care in a multifaith context.
- The Specialist is accountable for maintaining professional certification, continuing education and for active participation in the vision, direction and activities of the association.

## Advantages of Pastoral Specialists to your organization:

- Offer professional competence in pastoral care and counselling.
- Facilitate supportive relationships with local faith groups & the public.
- Provide pastoral care and counselling to staff members, clients, patients, residents & families
- Provide continuing education and supervision to volunteers who offer spiritual and religious functions in accordance with the facility's standards and mission statement as well as the Canadian Council on Health, Services Accreditation Standards (CCHSA)
- Offer quality assurance in spiritual and religious care.
- Facilitate professional dialogue concerning spiritual and religious issues in a multidisciplinary context.
- Provide education in spiritual and religious care for staff and the wider community.

## Needs Specialists Meet:

- Support the spiritual and religious dimensions of all people
- Coordinate and administer spiritual and religious activities

- Provide professional pastoral care and counselling
- Function as members of a multidisciplinary team
- Provide resources for ethical consultation

## Settings Where Specialists Minister:

- Health Care Facilities
- Community Based Centres
- Pastoral Counselling Centres
- Correctional Centres

## Qualifications of a Pastoral Specialist:

- Graduation from a recognized college or university
- A qualifying graduate degree in theology or in a related clinical field.
- Ordained or commissioned by a faith community
- Demonstrated pastoral and professional experience
- Membership in C.A.P.P.E.
- A minimum of 2000 hours of training including advanced S.P.E. education and demonstrated professional competence as certified by C.A.P.P.E.

## How are Specialists certified?

Specialists are certified by the Canadian Association for Pastoral Practice and Education. C.A.P.P.E. is an interfaith organization that promotes clinical practice and education in ministry through Supervised Pastoral Education. This training comprises a minimum of 2000 hours of experiential clinical pastoral training and is conducted in accredited centres by certified teaching supervisors.

Once certified, Specialists undergo a peer review every five years. Supervised Pastoral Education is available in accredited centres across Canada.

## Scope Of Practice

Certified Spiritual Care Professionals (CSCP) practice within an institution or community-based program. They are theologically and clinically educated, and certified by the Canadian Association For Pastoral Practice And Education / Association Canadienne Pour La Pratique Et L'education Pastorales (CAPPE/ACPEP) as spiritual and religious care professionals. They maintain active membership in CAPPE/ACPEP and participate in regional and/or national activities. They are endorsed for pastoral care and counseling by a specific faith community.

Certified Spiritual Care Professionals possess the knowledge, skills, judgment and experience to facilitate a spiritual care program, program quality assurance, spiritual care provision and ongoing professional development. CSCPs certified as teaching supervisors engage in the training of future professionals in the context of accredited CAPPE/ACPEP clinical programs located in established spiritual care settings.

In this document, the word "client" may include: patients, residents, family members and significant others, members of faith, religious and cultural communities, inmates, peers, colleagues, students and staff members – individually, in groups or in a whole organization.

The practice context may include but is not limited to: pastoral counselling centres, social service agencies, community health centres, private settings, health care institutions, correctional centres, educational settings, or religious/faith community settings.

## Standard 1: Professional Values

Certified Spiritual Care Professionals are accountable for the:

- 1.1 observance of excellence in the adherence to the CAPPE/ACPEP standards of practice.

- 1.2 care and respect of all persons within their practice context.
- 1.3 practice of self-care through spiritual growth and professional development.
- 1.4 spiritual development of clients, colleagues, and the employer / agency / organization / community with whom they relate.
- 1.5 practice of active membership and participation in the nurture and development of CAPPE/ACPEP and their own supporting/endorsing community of faith.
- 1.6 certainty of professional development as demonstrated through CAPPE/ACPEP certification and peer review processes.

## Standard 2: Professional Competence

The Certified Spiritual Care Professional demonstrates knowledge and competence in the provision of spiritual care in the following areas:

- 2.1 respectful relationship and care sensitive to clients' beliefs, practices, structures and processes.
- 2.2 awareness of the process of spiritual development and the provision of care appropriate to clients' developmental stages.
- 2.3 effective communication including utilization of theories of personality, interpersonal communication, group and system dynamics.
- 2.4 the various models of spiritual care appropriate to different practice contexts.
- 2.5 appropriate care in response to the impact of crisis on persons, groups and systems.

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- 2.6 accountability to the CAPPE/ACPEP Code of Ethics and Professional Conduct as well as the standards of education.
- 2.7 awareness of the Canadian Charter of Rights and Freedoms and other government legislation as it impacts the provision and resources of the practice of spiritual care.
- 2.8 organizational, administrative and management skills.
- 2.9 awareness of one's own abilities, boundaries and limits.

### **Standard 3: Functions**

The Certified Spiritual Care Professional demonstrates excellence in the following aspects of the practice of spiritual care:

#### **3.1 Relationship to client**

- engage with empathy, understanding and respect
- establish a relationship of trust and mutuality
- maintain confidentiality and its limitations
- accept clients as they ARE
- awareness of and responsibility for personal feelings, values and biases that may impact the client relationship

#### **3.2 Preparation for Intervention**

- clarify and implement the appropriate authority to intervene
- self-assessment of necessary skills to assist the client
- be proactive in the physical setting to promote confidentiality

#### **3.3 During Assessment**

- ongoing evaluation of client's spiritual needs and priorities
- assist the client to identify spiritual strengths and challenges
- support client in the identification and utilization of their spiritual supports
- clarify and ensure confidentiality and informed consent

- determine the nature and appropriate duration of the intervention

#### **3.4 During Intervention**

- clarify clients' desired outcomes
- support the clients' expression of their beliefs, values or emotions
- respect the client's right and capacity to make choices and use personal resources to resolve issues
- facilitate and arrange for appropriate rituals in accordance with client's beliefs and practices
- provide psycho/spiritual education to the client
- inform the client of the outcome of any consultative process

#### **3.5 Relationship with other disciplines**

- make necessary and timely referrals
- consult, as appropriate, to coordinate care in the client's interest
- participate in interdisciplinary communication, documentation, consultation as appropriate
- nurture meaningful professional interdisciplinary relationships
- educate interdisciplinary colleagues about the role of spiritual care

#### **3.6 Follow-up and Closure**

- prepare for the termination of the relationship with sensitivity
- assist the client in obtaining desired services
- facilitate closure and bereavement when appropriate
- follow up on referral
- document the intervention as appropriate
- assist the client in the review of the relationship and the desired outcomes of the intervention

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## **Standard 4: Documentation**

The Certified Spiritual Care Professional demonstrates accountability to their employer/agency/organization/community and their clients' through documentation of the spiritual care provided by including, as appropriate:

- 4.1 the referral source and the reason for intervention
- 4.2 the spiritual care assessment
- 4.3 the care provided or planned and the outcomes desired
- 4.4 referrals to other care providers as appropriate
- 4.5 a record of time and type of care in a workload measurement system.

At all times the confidentiality of the clients' information is safeguarded.

## **Standard 5: Personal And Professional Development**

The Certified Spiritual Care Professional demonstrates their ongoing commitment to personal and professional development through the process of integration of their philosophy of ministry, psychological theory, ethical understanding, theological and spiritual learning into their professional practice.

This commitment will be demonstrated by the goals of:

- 5.1 the completion of a minimum of 40 hours of spiritual growth and professional development each year:

- 5.2 16 hours focusing upon personal spiritual growth e.g. retreats, spiritual direction, personal therapy; personal reflective study, reading, spiritual discipline and,
- 5.3 24 hours focusing upon professional development e.g. workshops, conferences, courses, case studies, seminars, peer support and/or supervision, interdisciplinary rounds, research

## **Standard 6: Advocacy**

The Certified Spiritual Care Professional demonstrates advocacy as a mediator and reconciler. The CSCP functions with sensitivity to the appropriate use of power and other ethical considerations in the following ways:

- inviting input regarding clients needs or concerns
- offering an interpretation of the client's rights
- clarifying and interpreting institutional / systemic policies and procedures
- advocating for relevant systemic change where appropriate
- providing relevant information to support informed mediation and reconciliation
- encouraging, educating and supporting interdisciplinary team relationships in the provision of appropriate spiritual and religious care e.g. grief, bereavement, stress management, self care
- ongoing conversation concerning the language, practice and understanding of spiritual and religious care with all relevant stakeholders
- recognizing and responding to clients' ethical concerns and principles

### **CORRECTION**

The author of "Not so Grim a Reaper" in ISSUE 10 was Steve Goodier not D.Kellough.

# Leadership at the margins: unmasking God's world



**CAPPE/ACPEP  
National Conference**

Winnipeg Manitoba, Feb 15-18, 2006

## Welcome from John Friesen

### Welcome Letter from the President of Manitoba NW Ontario Region—John Friesen

My Dear fellow  
Spiritual Care  
providers:



It has been 10 years since we last welcomed you to Manitoba for our national conference. In 2006 we invite you to come to the centre of Canada to talk about the margins.

Our keynotes are veterans of leadership at the margins; **Lloyd Axworthy** in politics, **Rudy Wiebe** in prophetic writing and **Christine MacMillan** in social services. To bring the theme down to where we each work and live, we have over 30 workshops that will inspire, enrich and challenge.

But we also know it will take a powerful incentive to stir spiritual care folk from their warm cozy homes to come to Winnipeg in the middle of February. Fortunately we have just such an incentive.

The Festival Du Voyageur, the largest Winter Carnival outside of Quebec, will help provide attendees with fun, excitement and something to write home about. So dress warmly and prepare to have fun. Four large and warm tents serve as venues for music and cultural entertainment. Stay indoors or enjoy the fresh Maple syrup on snow, slide down the toboggan runs, explore the snow maze, see the snow sculptures, or ask questions of the Black Smith or Hudson's Bay Factor running the General Store in Fort Gibraltar.

Bring your skates and enjoy many kilometers of groomed skating paths on the Red and Assiniboine rivers. Check out the ForksMarket where people have been meeting for 4000 years.

There's way too much to do for me to describe. Come and see for yourself how much fun we can have together. We may even get to sing Happy Birthday to Harold King.

Blessings!

Sincerely,  
John

## Keynote Speakers

### Feb. 16, 2006 Thursday morning



**Lloyd Axworthy**, a former member of Parliament, a Cabinet Minister, believes that foreign policy isn't just for diplomats.

In addition to being the President of the University of Winnipeg, he guides the development of research, policies and Partnerships aimed at solving many of the most pressing global issues including governance, environmental change, sustainability and human security.

He is an Officer of the Order of Canada and a Nobel Peace Prize nominee.

In his latest book, **Navigating a New World: Canada's Global Future**, he discusses how we can become active citizens in the 21st century, that Canada has the skills to lead the world into a better 21st century, and how to make the world a safer, more sustainable and humane place to live.

### Feb. 17, 2006 Friday morning

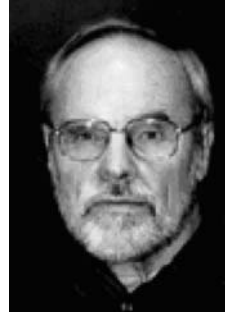


**Christine MacMillan** is the Territorial Commander of The Salvation Army in Canada and Bermuda.

She is a certified addictions counsellor and has worked with abused and homeless women and children in

Vancouver, BC and London, England. She has worked in Papua New Guinea as well.

Christine has a strong social services background.

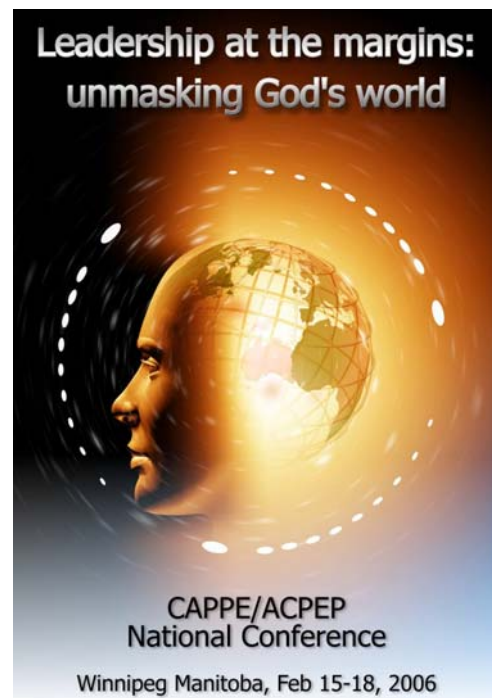


**Rudy Wiebe** is the author of nine novels, four short story collections, and three essay collections on distinctly Canadian subjects ranging from First Nations people to Mennonite settlers.

**Stolen Life: The Journey of a Cree Woman**, is a powerful book, acclaimed across Canada, written by the great-great-granddaughter of Chief Big Bear Yvonne Johnson, and Rudy Wiebe, an Officer of the Order of Canada.

A story of justice and social injustices, of murder and morality, and of finding spiritual strength in events that might break us, told with redeeming compassion and poetic eloquence. *Stolen Life* is a raw, honest, and beautifully written account of the troubled society we live in, and a deeply moving affirmation of spiritual healing.

We are hopeful that Yvonne Johnson herself will be present to co-present with Rudy.



# CAPPE General Information

## Dates:

Wednesday, February 15th:  
Pre Conference Institute

Thursday, Friday, and Saturday,  
February 16th, 17th, 18th :  
National Conference

## How to Register:

Download and print the registration form from  
the CAPPE website:

[www.cappe.org/convention/2006/Reg.pdf](http://www.cappe.org/convention/2006/Reg.pdf)

Send the completed registration form and  
payment as listed below.

### *E-mail:*

Register by email at:

[lcarriere@miseri.winnipeg.mb.ca](mailto:lcarriere@miseri.winnipeg.mb.ca)

### *Fax:*

Fax registration form to:

(204) 772-4304 with credit card information or  
mail payment to the address below.

### *Mail:*

Mail registration form and payment to address  
provided in the next column.

Make cheques out to:

CAPPE, RE National Conference 2006

### *Phone:*

Phone (204) 788-8283 and pay via Master Card,  
Visa or American Express.

## Address:

RE: CAPPE Conference  
Misericordia Health Centre  
Spiritual Care Department  
316 – 99 Cornish  
Winnipeg, MB R3C 1A2

## Hotel Information:

York The Hotel (formerly the Sheraton)  
161 Donald Street  
Winnipeg, MB

Hotel located in downtown Winnipeg.

### *Fax:*

204-942-8830

### *Phone:*

1-800-325-3535

### *Rate:*

\$99.00 (excludes taxes). Please inform the Hotel  
you are attending the CAPPE/ACPEP conference

## Winnipeg International Airport:

**NB: Conference is finished Saturday after  
lunch (2:30) so you can get home by Saturday  
Evening.**

Airport is a 20 to 30 minute drive from the hotel  
Transportation to hotel via Taxi or limousine or  
City Transit Bus. There is no hotel shuttle  
available.

## Evening Out:

Friday Night will be spent at the Festival Du  
Voyageur (included in the conference fees).

There are many outdoor venues so please bring  
warm clothes.

## Registration Fees for CAPPE 2006 Conference

	<b>Feb. 15 Pre-Conference Institute</b>	<b>Feb. 16-18 Full Conference</b>	<b>Registration after Jan.27 - Full Conference</b>	<b>One Day only— Feb. 16 or 17<sup>1</sup></b>	<b>Saturday only</b>
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
CAPPE Member	\$99.00	\$399.00	\$424.00	\$99.00	\$55.00
Non-CAPPE Member	\$99.00	\$450.00	\$475.00	\$125.00	\$65.00
Spouse of Registrants	\$60.00	\$200.00	\$250.00	\$60.00	\$30.00
* FT Students					
** Retired CAPPE Members					

<sup>1</sup> **All 1 day fees** exclude meals, meal tickets can be purchased that day.

\*Please provide your Student number on your registration.

\*\*Please include a receipt copy of your 2005 “CAPPE retired status”

**February 15th Pre conference institute** fee includes lunch and transportation to workshops not at the conference site. (PC-A 1 & 2, PC-B) Lunch is not provided for afternoon workshop PC-F.

**February 16th to 18th conference fee** includes all breakfasts and lunches Thursday, Friday, and Saturday. Includes a night out with a meal, entrance fee, and transportation to Festival Voyageur. Fee does not include Thursday night’s meal. establishments.



# Festival du Voyageur

Our Friday night supper and entertainment will be held at the Festival Du Voyageur, a 10 day annual event that celebrates our Franco-Manitoban and Metis heritage.

Buses will take attendees to Fort Gibraltar where snow sculptures, tobogganing, fiddling, dancing, and authentic voyageur food and drink can be enjoyed.

Four large and warm tents act as venues for music and cultural entertainment. Stay indoors or enjoy the displays and activities outdoors. Experience the life of early pioneers inside the fort or in the outdoor camp.



# Workshop Descriptions and Presenter Biographies

## Pre-Conference Seminars Wednesday, February 15th

### Urban Poverty: What Are You Afraid Of?

**Harry Lehotsky**

Would you continue to lead if it meant that your life was at risk, that your family and every achievement were threatened? Risk is essential to the credibility and creativity of effective community ministry, effective safety initiatives, long term media relations and growth through public and personal controversy. Tour the facilities of New Life Ministries and explore some of their controversial perspectives on community development. This is a half-day workshop in the setting of New Life Ministries in Winnipeg. Participants will enjoy a delicious lunch in the Ellice Café, one of their most recent initiatives.

Harry Lehotsky is founding minister of New Life Ministries. This inner city church has started a renovation company that renovates and sells or manages house, transitional and emergency housing units, a non-profit café and theatre. Their controversial initiatives in safety and community work have garnered international attention.

### Spirituality Coming Out of the Margins

**Brian Normand**

Participants will take part in a teaching sweat lodge, which may last approx. 2 hours. Led by an elder, participants will be immersed in aboriginal teachings on healing which were at one time forbidden in Canadian society. The sweat lodge is now used as an important part of working with youth at risk, young offenders, and all who desire to learn more about aboriginal healing practices.

Note: Participants should bring loose clothing (men may wear bathing suit/shorts and women - nightgown or long skirt and t-shirt) and should

not suffer from medical conditions which prohibit sauna like conditions. There will be a smudging ceremony before entering the sweat lodge.

NOTE: The above two offerings are ONEworkshop. Transportation and lunch will be supplied. Registration limited to 30.

### Sentenced and in Prison: Spiritual Care Challenged at the Margins

**Yoshi Masaki and staff**

This workshop will be a full-day on-site workshop at the Headingley Correctional Centre and will explore the unique challenge and practice of spiritual care in the prison context. Prisoners are sent to the margin of society – out of sight – and yet they best reflect the true reality of society and spirituality today. Among topics to be explored are shame and guilt, spiritual and cultural diversity, isolation and despair, forgiveness and healing, prophetic role, and spiritual care self-identity. The latter part of the workshop offers a choice of three small group sessions: (a) Aboriginal Spiritual Care, (b) Spiritual Care during and after a riot and (c) Spiritual Care in the sexual offenders' unit.

NOTE: Participation is limited to 15 people. Advanced registration is required at least one week in advance for security reasons.

Participants' names and place of employment are required on your registration form if you wish to attend this workshop. Photo ID will be required before entering the correctional facility.

Yoshi Masaki, Coordinator of Spiritual Care, brings 12 years of experience as a Teaching Supervisor and in Spiritual Care ministry in the prison context. Members of the Spiritual Care Team will assist in this workshop.

# Workshop Descriptions and Presenter Biographies

## **Integrating Spirituality into the Care Continuum**

**Margaret McCallum**

Spirituality has become a topic of discussion and research across all disciplines in recent years. This full-day workshop will provide an overview of the topic as it relates to health care in the community and in care facilities. Workshop attendees will participate in multidisciplinary discussions of spiritual care and learn principles of spiritual care which can be implemented across the care continuum.

Margaret McCallum currently teaches in the rural program of the Faculty of Medicine, Department of Family Medicine, University of Manitoba and in the Faculty of Theology, University of Winnipeg. She is a Provisional Supervisor (CPE) and a Specialist in both Pastoral Counselling and Pastoral Care.

## **The Secret Lives of Personal Snapshots and Family Photographs: Using PhotoTherapy Techniques in Spiritual Caregiving and Pastoral Counselling**

**Judy Weiser**

Ordinary personal snapshots are 'mirrors with memory', reflecting what and who has mattered most in people's lives -- thus their value lies more in what they are about *emotionally*, than in what is shown on their surface visually. Based on this, PhotoTherapy techniques use personal snapshots, family photos, and pictures taken by others (and the feelings, thoughts, and memories these evoke) as catalysts for therapeutic communication, personal healing, clarifying needs and goals, and finding meaning in one's life.

Because photos can serve as powerful bridges into thoughts, beliefs, values, and expectations in ways that words alone cannot do, they can be of *particular* benefit in counselling marginalised

or disenfranchised people who are usually less comfortable with traditional "talking" therapies. This Workshop will begin with a slide-illustrated presentation and then provide several experiential opportunities\* so that participants can learn for themselves how these techniques can be particularly useful in Spiritual Caregiving, Pastoral Counselling, and related applications.

(Prior experience with cameras or photographic art is not required; open to all interested, regardless of level of training; purpose is for education, not personal therapy work).

\* Important: Although *not required* for attending, it will be very helpful for you to bring with you copies of 10 to 20 snapshots that have special meaning for you, plus one recent photo to introduce yourself.

Judy Weiser: Founder and Director of the PhotoTherapy Centre in Vancouver, Judy Weiser is a psychologist, art therapist, author, and trainer with over 25 years experience specializing in two areas of counselling: PhotoTherapy Techniques and Counselling marginalized/disenfranchised people who are infected or affected by HIV/AIDS, particularly inner-city street-involved Aboriginal youth and adults. Author of the book, "PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums" and the informational website explaining the field ([www.phototherapy-centre.com](http://www.phototherapy-centre.com)), she has many publications on both topics.

## **The Enneagram and Spirituality**

**Hugh Walker**

This presentation is purposed to ponder the significance of the Nine Faces of The Holy One in our human condition, and to consider ways to participate with The Holy One's Spirit to refigure their disfigurements. Due consideration will be afforded to the importance of re-theologising the

## Workshop Descriptions and Presenter Biographies

wings on each side of a given Enneagram Energy's existential address. Reference to the animal symbolism of each energy, and the contributions of mythology will also constitute a considerable portion of this rendering. This offering is for anyone interested in using this highly profound, penultimate map into our interiors in a more explicitly theological manner in the context of their work with Self and/or others.

Hugh Walker is currently serving as the Manager of Spiritual Care Services for St. Joseph's Care Group in Thunder Bay, Ontario. In addition to his vocation as a Teaching Supervisor of clinical pastoral education within The Canadian Association of Pastoral Practice and Education, he is also a registered clinical member of The American Association For Marriage and Family Therapy. Moreover, the sacred trust in him to carry The Sacred Pipe, and to provide Sweet Lodge leadership in The Plains Sweetgrass Cree healing tradition is especially close to his heart. Finally, he is acutely interested in discovering and perpetuating ways to play host to The Holy One's antics in the ongoing drama of our human affairs.

### **Provincial Associations and Colleges: A Cross-Country Check-up (No Charge)**

#### **Case Vink and Roy Ellis**

This half-day program (1 to 4pm) will benefit individuals and groups actively investigating, and/or pursuing Provincial associations and/or colleges. The program is designed to promote opportunities for information sharing, dialogue and think-tanking in regards to the many challenges involved with the development of provincial colleges and professional associations. Discussions will provide topical views of the regional, provincial and national issues related to professional association development work. Participants can expect to leave the session with valuable information regarding the processes, legalities, gains and potential losses

attached to the College Development Process and hopefully with a sense of excitement and clarity about this crucial area of discussion.

Roy Ellis is a Spiritual Therapist working in a psychiatric facility in Dartmouth, Nova Scotia. Along with his National interest in Professional Associations and Colleges, Roy has worked for four years in Nova Scotia with a team of CAPPE members developing a Professional association to serve the Atlantic Region. Roy enjoys acting, writing and inspiring people.

Case Vink Case is the Chair of the National Professional Practice Commission of CAPPE/ACPEP. He is also the Site Coordinator, Spiritual Care Services at Foothills Medical Centre in Calgary. Case has been very involved with other interested groups exploring a College of chaplains in Alberta

### **Conference Seminars (90 minutes) Thursday February 16th**

**10:30-12:00**

#### **Heart, Mind, Spirit, and AIDS: Counselling for the Emotional, Mental, and Spiritual Aspects of Living With HIV/AIDS (Helping Those Affected, as well as Those Infected)**

#### **Judy Weiser**

Often, the biggest problem for people dealing with HIV (or loving someone who has it), is not its medical/physical aspects, but rather what AIDS means inside their heart, mind, and spirit (and sometimes also culture) -- these things *deeply* affect the quality and direction of the path each person's journey takes while living with the virus in themselves or loved ones. This Presentation, by a psychologist and art therapist with over twenty years' experience specialized in counseling both street-involved and "rez" Aboriginal people living with HIV (and their friends, families, and communities), is NOT for

# Workshop Descriptions and Presenter Biographies

the purpose of learning any basic "AIDS-101" kinds of medical facts. Rather it is a way to learn more about the deeper underlying emotional, mental, and spiritual issues affecting people who are infected or affected with the virus and learn helpful ideas for improving Spiritual Care, Pastoral Counselling, and other kinds of support to those trying to heal, survive, and love in the meantime -- particularly those from marginalized or otherwisedisenfranchised inner-city "street" cultures.

## **Jewish Spirituality and Healing**

**Ariel Lee**

What does Jewish spirituality and the Jewish tradition have to offer with respect to healing.? The purpose of this workshop is to answer that question by exploring the relationship of Jewish sacred texts and practices to healing, health, and wellness. Creative, innovative Jewish healing prayers, meditations, rituals and practices will be presented in an interactive manner.

For the purposes of this workshop, healing is defined not as curing illness but rather as coming to a place of wholeness and peace. The content of this workshop is relevant to practitioners both within and outside of the Jewish faith as Judaism serves as the foundation of Christianity and Islam.

Ariel Lee has practiced as a registered nurse since 1982 and currently works in the Sharon Home. She also assists Rabbi Neal Rose with his spiritual care activities there. She writes Jewish meditations, prayers, and rituals for healing. She has a masters of law degree and is completing a Certificate in Theology with a Judaic studies focus from the University of Winnipeg.

## **Theological Reflection and Research**

**Tom O`Connor and Elizabeth Meakes**

This workshop is a focus group on your practice

of theological reflection in pastoral care and/or counseling. Participants will be asked to share how they do theological reflection in their ministry. After the sharing by group members, presenters will provide a summary of what much of the literature says about theological reflection in pastoral care and counseling. Discussion will follow.

Thomas St. James O'Connor, ThD is Professor, Delton J. Glebe Chair, Pastoral Counselling, Waterloo Lutheran Seminary, Teaching Supervisor in CAPPE. He has published two books and over 30 articles and book chapters.

Elizabeth Meakes, MTS is a Specialist in Pastoral Counselling, CAPPE and a marriage and family therapist at K-W counseling in Kitchener, Ontario. She has published over 15 articles and chapters in books.

## **Spiritual guidance ... in the workplace? Chaplains can take the leadership**

**Janet Anderson**

As fewer Canadians attend houses of worship on a regular basis, more people are open to receiving the compassionate help from corporate chaplains that one might have expected in the past from a minister.

Corporate chaplains are professionals hired by companies to be a listening ear, a quick responder to crises, an arm to lean on through difficult challenges. Can a chaplain impact both the worker and the business at the same time? This calls for leadership with a new vision.

Trained as a nurse, Janet Anderson has been a businesswoman, chaplain and teacher with a concentration on marketplace theology. She is Director of the new Chaplaincy Program within the Master of Arts Christian Studies at ACTS Seminaries, Trinity Western University.

# Workshop Descriptions and Presenter Biographies

## **Interprofessional Education and Professional Development of Faculty and Students addressing Suffering and Healing**

**Peter Barnes**

This workshop will trace the development of a research proposal to Health Canada and will include the experience of an interprofessional university course entitled "Death Made Visible." There will also be the presentation of an interprofessional web-based education program.

Peter Barnes is an Assistant Professor at Saint Paul University, Ottawa where he is developing research in interprofessional learning related to the theme of suffering and response of the human spirit to illness. He is a Teaching Supervisor (CPE) and a Specialist in both Institutional Ministry and Pastoral Counselling.

**Thursday, February 16th  
1:00-2:30**

## **Aboriginal Cultural Helper Education: A Bridge Between the Edges and the Institution**

**Case Vink and Bob Cardinal**

This workshop is an alternative education program developed at the Royal Alexandra Hospital, Edmonton, AB to meet the cultural and spiritual needs of aboriginal people in that institution. Its aim is to educate Aboriginal Cultural Helpers for institutional settings like hospitals. It involves patient care, bridging with the institution and how it relates to the broader aboriginal community.

Case Vink is the Chair of the National Professional Practice Commission of CAPPE/ACPEP. He is also the Site Coordinator, Spiritual Care Services at Foothills Medical Centre in Calgary. Case has worked with Bob Cardinal for 10 years in providing care for Aboriginal patients and developing the Aboriginal Cultural Helper Education Program.

Bob Cardinal is of the Cree nation and well respected in the province of Alberta. He leads workshops to help people understand some of the aboriginal ways as he has been taught. He serves the parole board in Alberta. He has worked for more than 10 years at the Royal Alexandra Hospital in care for aboriginal patients and their families, as well as being an educator for others who want to learn to be an Aboriginal Cultural Helper.

## **Harnessing the Imagination: The Use of Imagery for Healing and Creativity**

**Carol Rose**

Principles of imaginal work will be explored along with the benefits of practicing these principles (personally and for those in our care) to improve emotional/physical and spiritual well-being. Participants will have an opportunity to experience supervised or directed imagery techniques as well as learn how to develop exercises of their own.

Carol Rose is a writer, educator, counsellor, minister, spiritual director and preacher from Winnipeg. She has trained in the practice and use of imagery.

## **Through the Looking Glass: Women as SPE Supervisors in Canada**

**Tracy Trothen**

There are very few women who are active SPE Supervisors in Canada relative to the number of men, although there are more now than in previous decades. This workshop will explore some of the possible reasons for the ramifications of this gender imbalance including the relevance of gender dynamics to such issues as authority, images of the Holy, systemic power imbalances and a range of theological issues from redemption to embodiment.

# Workshop Descriptions and Presenter Biographies

Tracy Trothen serves as associate professor of ethics and theology at The Faculty of Theology at Queen's University. She is an Associate Supervisor (CPE).

## **Leadership at the Margins- Providing Care as an Unregulated Health Professional**

**Shane Sinclair & Phillip Behman**

The development of colleges associated with the various Health Professions Acts across Canada has received a large amount of energy, discussion and financial commitment by chaplains. This workshop focuses on the viability, limitations and purpose of seeking regulation and the implications for chaplains providing leadership as an unregulated health profession.

The workshop also addresses some of the myths of regulation from a critical analysis of the Health Professions Act (Alberta). The two presenters bring their experience as members of the College Development Committee in Alberta (ARCAPPE).

Rev. Shane Sinclair is the palliative care chaplain at the Foothills Medical Centre in Calgary. He was certified as a specialist in pastoral care (CAPPE) in 2003 and currently serves on the College Development Committee in Alberta.

Rev. Dr. Philip Behman is a chaplain, CAPPE Teaching Supervisor, and site coordinator at the Alberta Children's Hospital in Calgary. He currently is the chair of the college development committee in Alberta.

## **Teddy Bears in Adult Spiritual Care (French)**

**Marc Pepper**

Adults oftentimes carry with them many childhood hurtful experiences that may have hindered their ability to develop a spiritual

journey that is fulfilling and liberating. The use of TEDDY BEARS with adults can serve as a catalyst for remembering, reliving and/or revealing this pain and its limitations.

This experiential and experimental workshop will allow participants to not only discuss but also experiment the relationship with self through the teddy bear.

NB: This workshop is offered in French. There is also a workshop in English (see page 22).

Marc Pepper is chief of staff of pastoral services in the Centre hospitalier regional de Lanaudiere in Joliette in the province of Quebec. He is a member of the federal government PALLIUM project on palliative care. He is the founder of the Fond Humanitaire Tom Dee and the Maison Sainte Famille for aids patients.

## **The Pastoral Use of Humour in Clinical Settings**

**Alex Chamberlain**

Healthcare professionals use humour in the workplace, some with the skill of a surgeon wielding a scalpel and others with the subtlety of a blunt instrument.

This workshop will draw from the scientific field as well as the practical experiences of the presenter and the participants in expanding the range of our responses in our therapeutic use of humour.

R. Alex Chamberlain is a Presbyterian minister serving as a chaplain at St. Luke's Regional Medical Centre in Boise, Idaho.

He is a member of the Association of Applied and Therapeutic Humor where he has presented a workshop and has clowned with Patch Adams, MD.

# Workshop Descriptions and Presenter Biographies

**Thursday February 16th  
15:00-16:30**

## **Reconciliation**

**Gladys Cook**

Gladys will present a 50 minute video about her life as a residential school survivor who has worked for reconciliation and healing in the Anglican church. She will lead discussion following the video.

Gladys Cook is born in a tent on the Sioux Valley Reserve, west of Brandon, Manitoba. The first child of Ruth Wasuda Ross and Elijah Taylor, she is given the Dakota name *Topah-hde-win*, which means “four steps,” the number four representing the four directions of the sacred circle of life in Dakota tradition.

Gladys honors both her aboriginal tradition and her Christian formation as she brings her message of forgiveness to others. Living in Portage La Prairie, and serving as an elder, she was recently presented with the order of Manitoba by the Lieutenant Governor.

## **Lao Tzu as Spiritual Counsellor: A Rabbinic Perspective**

**Neal Rose**

The ancient Chinese philosopher Lao Tzu gathered the oldest wisdom teachings of Taoism. His work is known as the Tao Te Ching. This workshop will explore some of the teachings useful to the practice and teaching of spiritual counselling and family therapy.

Neal Rose is Senior Scholar at St. Paul’s College, University of Manitoba and Director of Spiritual Care at Winnipeg’s Sharon Home.

## **The Politics of Spiritual Care: Advocating on Behalf of Patient Needs in the Corridors of Power**

**Doug Longstaffe**

In this workshop, the advocacy of Spiritual Care groups in Manitoba will be chronicled and analyzed as to their effectiveness with respect to their goals. A prescription for political advocacy efforts grounded in a theology of institutions, a politic of power and a psychology of persuasion will be offered.

Doug Longstaffe is a Specialist and Provisional Supervisor at Seven Oaks General Hospital, Winnipeg. Doug has gained a wealth of experience in advocacy work at all levels of the system. He blends theology, political action and systems theory into a holistic dynamic approach to advocacy.

## **Clinical Supervision: Leader? Coach? Guide?**

**Jody Clarke**

This interactive presentation will explore various models of leadership that fall to those who take on the mantle of supervision within the clinical pastoral education (CPE) world.

In addition to an investigation of the strengths of our profession we will also delve into some of the traps that can compromise the process such as narcissistic collusion, unmonitored counter transference and pathogenic resistance.

Jody Clarke is a Teaching Supervisor in CPE and a Specialist in PCE. He is also an associate professor of Pastoral Theology at Atlantic School of Theology in Halifax, NS.

# Workshop Descriptions and Presenter Biographies

## **Teddy Bears in Adult Spiritual Care**

**Marc Pepper**

NB: This workshop is offered in English. There is also a workshop in French (see page 20).

**Friday February 17th  
10:30-12:00**

## **Aboriginal Healing HIV and AIDS**

**Albert McCloud**

This workshop is for those working with Aboriginal clients who want to learn more about Aboriginal world views in particular as they affect care and treatment of those living with HIV and AIDS.

Albert McCloud is a Cree/Scottish Metis from northern Manitoba. He has been involved in the Canadian AIDS movement since 1985. The focus of his work has been as she brings her message of forgiveness to others. Living in Portage La Prairie, and serving as an elder, she was recently presented with the order of Manitoba by the Lieutenant Governor.

## **Reframing the Margins: A New Model for SPE Supervisors**

**Marvin Shank, Dawn Dyer and Jan Kraus**

This session will include a brief overview from each of the facilitators describing strengths, weaknesses, growing edges and recommendations for reframing the margins of the educational process for CPE Supervisors.

The curriculum materials and reading lists used by these facilitators will be shared. The 'formal presentation' will be the starting point for group discussion focusing on developing a core curriculum and procedures for the education of Provisional and Associate Teaching Supervisors.

Marvin Shank is a Teaching Supervisor at St. Joseph's Healthcare, London, ON. Dawn Dyer is a Specialist in Institutional Ministry and Provisional Teaching Supervisor at St. Joseph's Healthcare, London, ON.

Jan Kraus is a Specialist in Institutional Ministry and Teaching Supervisor at St. Michael's Hospital, Toronto, ON.

## **Lectio Divina: Centrality of the Margin**

**John Van Dyk**

Lectio divina (sacred reading) is an ancient and traditional method of reading the Bible as one's own story; of discovering that our own story is, indeed, a Bible story. Bible stories can then become a 'homecoming' story rather than an experience of alienation.

John Van Dyk has had the opportunity to work with various cultures in both northern and southern hemisphere countries, cultures defined by geography, race, age and health.

## **Neo-Pagan Spiritualities: Discovering Earth Wisdom at the Margins**

**Meg Jordan**

This workshop offers you an introduction to Pagan spiritualities with a focus on the history, practices and beliefs of Modern Pagan Witchcraft. It invites you to approach with your questions, feeling and respect for others' spiritual traditions. In addition to education, its aim is to encourage you to be open to the possibilities of leadership and wisdom from this growing and diverse population at the margins.

Meg Jordan, a Provisional Teaching supervisor (CPE) and a Specialist, is a member of the Reclaiming Tradition and has been a practicing Pagan for fifteen years.

## Workshop Descriptions and Presenter Biographies

### **What is the Role of the Images of God in the Healing Process for Women Who have Survived Rape?**

**Debra McCullough**

This workshop will investigate the application of spirituality as a complementary intervention in the healing process of recovery from rape. Health care professionals will leave the workshop feeling comfortable in discussing images of God in the healing process for rape survivors.

Debra McCullough is an ICU nurse at the Ottawa General Hospital and a student at Saint Paul University completing a Masters degree in Pastoral Studies. She was raped when she was 12 years old and spent 12 hours with her rapist at knife point. This workshop is part of her recovery and also her Masters thesis.

**Friday February 17th  
1:00-2:20**

### **Youth at Risk: Stories from the Margins**

**Colin Peterson and Helen Mikolajewski**

This workshop will explore the nature of spiritual care as it relates to young offenders and youth-at-risk in institutional settings. The presentation will include a vision for spiritual care in such settings, the unique role that exists for institutional chaplains and the special challenges and gifts that these youth present to those who offer them spiritual care.

Colin Peterson is Chaplain at the Manitoba Youth Centre, Winnipeg, Manitoba, a youth correctional facility for young offenders.

Helen Mikolajewski is Chaplain at Marymount School, Winnipeg, Manitoba, where she ministers to many at-risk youth.

### **Twos Lost But Now I'm Found: Hope on the Edge of Memory: Spiritual Care for Those Living with Dementia**

**Marjorie Woodbridge**

This workshop will explore how, using the core values of "safety, connection and joy," and through the use of music, poetry, sensory cues, scripture and aphorisms, one can touch deep chords in persons with dementia. This presentation will explore how deep connection invites increased competence and awareness that can benefit the spiritual life of all who participate in the group.

Marjorie Woodbridge has worked in long term care for seven years and has had an abiding interest in how the arts connect and enhance spiritual understanding and expression. Her experience as a chaplain has led her to an interest in spirituality expressed from alternative ways of perceiving and knowing.

### **Professional Association and College Development: Snapshot 2005**

**Roy Ellis**

NB: Offered twice (see page 25).

Are professional associations make work projects, the product of fanciful thinking or the evolution of a profession? This workshop will provide members with an overview of the work underway in the various regions and provinces with the development of professional associations and colleges. Work in progress in each province will be highlighted with attention to the particular challenges encountered in each unique context.

Roy Ellis is a Spiritual Therapist working in a psychiatric facility in Dartmouth, Nova Scotia. Roy has a National interest in Professional Associations and Colleges, and has worked for

# Workshop Descriptions and Presenter Biographies

four years in Nova Scotia with a team of CAPPE members developing a Professional association to serve the Atlantic Region.

## **Transcendence and Forgiveness**

**Wilma Derksen**

This workshop explores how forgiveness, though a controversial term, can lead us through a process of healing. There are aspects of forgiveness that help us transcend crime, there are inherent demands in the forgiveness process that push us to deal with the realities of justice. It will end with a celebration of possibilities when love and forgiveness triumph.

Wilma Derksen is Director of Victims' Voice, a program which provides resources and creates awareness for victims' needs and founding member of the Manitoba Organization of Victim Advocates. Since the abduction and murder of her daughter, Candace, in 1984, Wilma has influenced victims and offenders by telling her story, facilitating support groups and presenting her insights to the justices systems in Canada and the United States.

## **The Dynamics of Hope and Despair in Mental Health Professionals**

**Pam McCarroll and Nancy Fowler**

For those who work with people for whom despair has many guises, what is the character of the despair and hopelessness that they, themselves, face? What is the character of the hope that is within them? How do the dynamics of despair and hope intersect with their lived experience and sustainability as mental health professionals?

Pam McCarroll is a Provisional Teaching Supervisor at St. Joseph's Healthcare, Hamilton. She has recently submitted her PhD dissertation on the dynamics of despair and hope in the North American context.

Nancy Fowler is a practicing family physician and full-time faculty member with the Department of Family Medicine at McMaster University, Hamilton. In her clinical practice, she has had long term involvement providing care to refugees and immigrants.

**Friday February 17th  
15:00-16:30**

## **Spiritual Diversity: Healing and Hope**

**Karen Toole and Patricia Frain**

This will be a brief presentation of a pilot program based on the principles of diversity and inclusiveness offered through Health Sciences Centre and the University of Winnipeg. This program will meet an identified need for a non-religious based spiritual care education program which recognizes that today there are many spiritual paths people follow which are not connected with a particular religion/religious tradition.

Karen Toole is spiritual care educator at the Health Sciences Centre, Winnipeg, MB.

Patricia Frain is Director of Spiritual Care at the Health Sciences Centre, Winnipeg, MB.

## **How Shall We Serve in a Multifaith World?**

**Steve Hill**

How can we provide spiritual care when our patients, staff and families come from such diverse religious and spiritual backgrounds or none at all? We will explore the background context and some of the Best Multifaith Practices in current use across North America today. Participants will receive a Multifaith Best Practices Toolkit packed with materials that can be photocopied and creatively adapted for use in their own organization.

## Workshop Descriptions and Presenter Biographies

Steve Hill is Director of Mission for the Alberta Catholic Health Corporation in Edmonton. Over the past ten years, he has pioneered and collaborated on numerous Multifaith events working in close collaboration with his local Archbishop and with leaders of other religions.

### **Ministry to the Gay and Lesbian Community**

#### **Lee Tennyson**

A very informal, nonthreatening space for questions and answers, and discussions of many truths and myths surrounding much of the culture of the gay community. Information from this workshop will 'open the doors' for further reflection and discussion. Role play will be the 'jumping off' place for the rest of the workshop.

Lee Tennyson is a former member of the Congregation of the Sisters of St. Joseph in Toronto. She came out as a lesbian in 1992 and has been partnered for 14 years. Sensing a call into more formal ministry, she is enrolled in the Lay Worship Leaders' Program for the United Church.

### **Professional Association and College Development: Snapshot 2005**

#### **Roy Ellis**

NB: Offered twice (see page 23).

Are professional associations make work projects, the product of fanciful thinking or the evolution of a profession? This workshop will provide members with an overview of the work underway in the various regions and provinces with the development of professional associations and colleges. Work in progress in each province will be highlighted with attention to the particular challenges encountered in each unique context.

Roy Ellis is a Spiritual Therapist working in a psychiatric facility in Dartmouth, Nova Scotia.

Roy has a National interest in Professional Associations and Colleges, and has worked for four years in Nova Scotia with a team of CAPPE members developing a Professional association to serve the Atlantic Region.

### **Relational Ethics and the Stations of Forgiveness: A Spiritual Care Application to the Work of Terry Hargraves**

#### **Colleen Lashmar**

An introduction to Contextual Therapy and its focus on Relation Ethics and Terry Hargraves' application of Relational Ethics. It will highlight the application of the Stations of Forgiveness to spiritual care ministry with case examples.

Colleen Lashmar is a Sister of St. Joseph, a Teaching Supervisor (CPE), a Clinical Member of AAMFT and has a D.Min. in Pastoral Counselling and Marriage and Family Studies.

### **Daring to Remember: Working Together**

#### **Rudy Wiebe and Yvonne Johnson**

Rudy and Yvonne will discuss issues of marginalization from a personal perspective. Yvonne's intimate familiarity with the criminal justice system and Rudy's experience of marginalization as a writer when his outspoken narratives challenged religious sensitivities, allows them to share their unique insights and perspectives.

Yvonne Johnson is a co-author of the book "Stolen Life", which details her journey through a horrific early life, the criminal justice system and how she regained her voice and found healing.

Rudy Wiebe is the author of many critically acclaimed novels. He joined with Yvonne to record her vivid narrative and let her story be told.

# CAPPE Sponsorships

## Sponsors by Category

### Gold Sponsors(\$ 4,000+)

None

### Silver Sponsors(\$2000+)

Grace General Hospital

### Bronze Sponsors (\$1,000+)

Concordia General Hospital

### Conference Supporter (\$ 500+)

Catholic Health Corporation of Manitoba  
Grey Nuns –Soeurs Grises  
Health Science Centre  
Manitoba Interfaith Council  
Mennonite Church of Manitoba  
Misericordia Place Personal Care Home  
Powerland Computers  
Riverview Health Centre  
Winnipeg Regional Health Authority

### Conference Friends (\$ 50 +)

Catholic Health Association of Manitoba  
Neil Bardal Funeral Home



## Workshop Sponsors

**Pam McCarroll & Nancy Fowler : Dynamics of Hope and Despair**

Sponsored by Catholic Health Corporation of Manitoba

**Rudy Wiebe: Stolen Life**

Sponsored by Concordia General Hospital

**Keynote speaker Catherine MacMillan**

Sponsored by Grace General Hospital

**Marc Pepper : Teddy Bears in Spiritual Care**

Sponsored by Grey Nuns – Soeurs Grises

**Karen Toole & Patricia Frain: Spiritual Diversity**

Sponsored by Health Science Centre

**Tracy Trothen: Through The Looking Glass**

Sponsored by Manitoba Interfaith Council

**Wilma Derksen: Transcendence and Forgiveness**

Sponsored by Mennonite Church Manitoba

**Majorie Woodbridge: Hope on the Edge of Memory**

Sponsored by Misericordia Place Personal Care Home

**Janet Anderson: Spiritual Guidance...in the Workplace?**

Sponsored by Powerland Computers

**Judy Weiser: Heart, Mind, Spirit and Aids**

Sponsored by Winnipeg Regional Health Authority

**Steve Hill: How Shall We Serve in a Multifaith World?**

Sponsored by Riverview Health Centre

## Events

### **Partners in Care . . . Sharing Life Experiences March 6 & 7, 2006 Canad Inns - Polo Park, Winnipeg, Manitoba**

Attendees will examine: how care providers can most effectively share the array of past, present and future life experiences of people with Alzheimer Disease and related disorders; and how care providers can create an atmosphere where sharing life experiences is intrinsic. Sponsored by the Alzheimer Society of Manitoba.

For Further Information:  
Norma Kirkby, Education Manager  
Alzheimer Society of Manitoba  
10-120 Donald St.  
Winnipeg, MB R3C 4G2  
Tel: (204) 943-6622  
Fax: (204) 942-5408  
E-mail: alzeducation@alzheimer.mb.ca

### **“Using Our Lifejackets and Anchors”: Remembering Grace In Turbulent Times (Full or half day session)**

Objectives:

This is an experiential session in which to assist people to be able to balance their work/volunteer life and personal life in a fast paced society.

At times it can feel like we are being tossed around in the sea and may drown. This session is based on John 6:18.

All of the above sessions are offered throughout Manitoba and Ontario. They have been successfully received at personal care homes, spiritual care conferences, and volunteer groups.

Cost:

Travel and accommodations. An honorarium is appreciated.

Please call Marline Wruck, Lac du Bonnet, Manitoba, 1-204-345-2206.

### **Safe Circle Group For Men: A Closed Therapy Group For Men Overcoming Sexual Abuse**

Session Runs 10 Weeks

Facilitator is Alan Vanderwater, M.A. in Counselling and a graduate of Providence Theological Seminary (2000).

Mr. Vanderwater has seven years experience counseling with the Salvation Army Anchorage (a 60-day residential drug and alcohol treatment program), does contracted EAP and private personal counseling, and is insured with PACCC (Professional Association of Canadian Christian Counselors).

Call Alan Vanderwater At 957 - 1080

\*Calls Returned After 5pm

## Resources

### **Spiritual Care Presentations offered by Marline Wruck**

**Mental Health and Spirituality (Full or half  
day session):**

Objectives:  
For spiritual care volunteers, family members, mental health staff and other interested persons who are wanting to gain further knowledge and sensitivity in journeying with persons with mental illness.

**“Spiritual Care With The Elderly”:  
Pastoral Care Visitation Course (Full day or five 2 hour  
sessions)**

Objectives: For spiritual care volunteers, spiritual care providers, family members, staff, and other interested persons who are wanting to gain further knowledge and sensitivity in journeying with the elderly.

# Clinical Pastoral Education

**Regional Health Authority -  
Central Manitoba Inc.  
University of Winnipeg Affiliate Site A**

September 11, 2006 to April 11, 2007  
Wednesdays, 9:00 a.m. to 4:30 p.m.

Classroom in Roland United Church,  
Roland, MB R0G 1T0

*Note: Location may change if majority of applicants are from the northern portion of the region.*

Open to Clergy, Lay persons, Health Care and Community workers interested in increasing interpersonal skills and expanding one's awareness of the Spiritual dimension of holistic care.



Class of 2005 (from left): David Friesen, Peter Bartel, Judy Limpricht, Karen Schellenberg, Wil Epp, Harry Ritchie (missing—Debbie Orton)



**Purpose:** This C.P.E. program provides an opportunity to participate in Supervised Pastoral Education in a variety of institutional and community settings.

Central Region has a rich training environment including: Boundary Trails Health Centre and Portage la Prairie District General Hospital, a modern inpatient and outpatient mental health centre: Eden Mental Health Centre, a number

of smaller health centres and numerous Personal Care Homes throughout the Region. Professionals and Educators from various disciplines will assist in teaching and mentoring students. The Service Providers are well embedded in the community and will provide the students the opportunity to examine their ministry in a variety of health settings.

Central Region's commitment to holistic health care recognizes the link between health care institutions and the community. Community clergy and other care providers will have the opportunity to make connections between their community roles and the health care institutions.

## Contact:

Rev. Harold (Harry) Ritchie  
Teaching Supervisor  
14 Scalena Place  
Winnipeg, Manitoba R3K 1Y2  
Home phone: (204) 837-8534  
E-mail: [hritchie@mts.net](mailto:hritchie@mts.net)

Roland United Church, P.O. Box 179,  
Roland, Manitoba R0G 1T0  
Church fax: (204) 343-1108

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## Victoria General Hospital Pastoral Care

In the spring of 2006 there will be an intensive (11 week full time) summer unit run at Victoria General Hospital, max 6 students Please contact Ron Long, Supervisor.

For Information:

Contact Victoria General  
Hospital Pastoral Care Services  
2340 Pembina Hwy,  
Winnipeg, Manitoba R3T 2E8  
Phone: (204) 477-3216  
Email: [rlong@vgh.mb.ca](mailto:rlong@vgh.mb.ca)

## Spiritual Care in the RHAs

### WRHA

**Contact:**

Real Cloutier  
COO, Deer Lodge  
Vice-President, Long Term Care  
Phone: 204-831-2110  
Fax: 204-831-2947

**Regional Aboriginal Spiritual/Cultural Care  
Coordinator**

Sakoietta Widrick  
Phone: 204-926-7132

### Brandon

Since our inception in 2000, our committee has been developing a grand vision. Our goal is that our RHA would become a model of integrated health care. We spent all of 2001 and part of 2002 doing long range planning, defining our mission, goals and objectives. We were able to have the RHA board endorse our mandate and terms of reference. But our frustration is that there is little money to back up our mission.

While spiritual care is “integral” to the health care process here in Brandon, there has been little money forthcoming to substantiate this with personnel or programs. Our ratio of beds to spiritual care staff is dramatically out of proportion in comparison to other health centres and RHA's. There continues to be little money available to supply more, leaving us with a very unsatisfying situation.

We have also been trying to find money for a CPE program but, to date, have not been able to find any source of funding. We recognize that a program would have a lot of benefits for the RHA. Moreover, we have had word from several people who would like to participate in one. But, due to lack of funding, we are unable to host a CPE program at this time.

We have been able to fill a few gaps. Now it's possible for community clergy and spiritual care

workers to have identification tags with which they can operate more freely in the care centres. We have hosted a few workshops and teleconferences. We have also been able, for a one year term funding, to supply an Aboriginal spiritual care provider. We are currently formulating the questions regarding spiritual health for the upcoming Community Health Survey.

We have continually been frustrated by the dynamic of an *advisory* committee vis a vis a planning committee. Since we can only give advice to the board, and through it to staff, we can only identify gaps or opportunities and plant seeds. Thankfully we work with a fantastic Vice President and spiritual care staff. However, to help us think more clearly about the role of advice and follow up, we are in the process of rethinking and redefining our long range plans and objectives to reflect the advisory nature of our committee.

We continue to work at providing meaningful input and leadership in our RHA. Our goal to provide spiritual care as integral to the health care process is a long way off but, given positive circumstances, we will arrive at our destination.

**Contact:**

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Maggie Ramsay at 204-726-2319  
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Mona Franklin  
Rev. Dr. Evert Busink (chair) at 204-728-4552  
E-mail [firstcrc@mts.net](mailto:firstcrc@mts.net)  
Rev. Deacon John McKenzie (past-chair) at  
204-727-4728  
Fax: 204-727-1027  
E-mail [jhmacl@westman.wave.ca](mailto:jhmacl@westman.wave.ca)

**Chaplains:**

Rev. John Wilderspin at 204-726-2054  
E-mail [wilderspinj@brandonrha.mb.ca](mailto:wilderspinj@brandonrha.mb.ca)  
Rev. Sherry Sawatzky-Dyck at 204-726-2597

## Spiritual Care in the RHAs

### Central

**Contact:**

Neil Walker at 204-428-2030  
Rev. Lorne Friesen (Eden MH Centre) at  
204-325-4325

**Chaplains:**

Rev. Ken Austin at 428-2013  
Rev. Peter Bartel (Altona Health Centre)  
at 204-324-8295  
Rev. Vincent Morris (Tabor Home)  
at 204-822-5626  
Rev. David Friesen (Salem Home)  
at 204-325-4316

### North Eastman

The Spiritual Care Advisory Committee for the North Eastman Health Association currently is in a time of transition.

Since its inception in 2000, the NEHA Spiritual Care Advisory Committee has held numerous workshops for staff, spiritual care volunteers, and interested community members. Without exception, these events have been very successful, with good audience turn-out, and some excellent presentations being given. As well, it has hosted other events such as Spiritual Awareness Weeks, and has participated in events held by other organizations within the region.

Our goals for 2006 include more training and education designed to better enable staff to understand and provide "first aid" spiritual care through the development of spiritual assessment tools so they will be able to make the spiritual connections with clients more comfortably. We are also looking at the possibility of having one or more persons from our region attend the Clinical Pastoral Care Education Program.

In these various areas the SCAC is simply staying the course, continuing to pursue the goal of helping NEHA provide holistic health that includes, as a natural part of its function, spiritual care.

We are in transition with regards to Bill 43, and how to best respond to the legalities it presents us with. Among the various facilities within the region some have developed further than others in their delivery of spiritual care, and while there is good co-operation among the different sites, one thing all have in common is a need to understand and implement the intent of the Bill.

Meanwhile, we, along with many other RHAs, also look forward to the day when we will have our own Regional Pastoral Specialist. Our administration of spiritual care activities, and the organization of lay volunteers, is going well, but the potential here is much greater than our present reality.

**Contact:**

Lorraine Dent at 204-268-7400  
E-mail ldent@neha.mb.ca

### Parkland

**Contact:**

Mavis Wood at 204-622-6230  
Rev. Allan Unger. Fax: 733-2573  
Email: gracebaptist@mts.net

**Educational Supervisor**

Rev. Marg McCallum at 204-638-2162  
Fax: 204-638-0669 Cell: 734-0278

### Nor-Man

**Contact (Flin Flon):**

Rev. Clare Edwards at 204-687-6054  
Lynette Kowalchuk  
E-mail lkowalch@normanrha.mb.ca

**Contact (The Pas):**

Karen Polischuk  
E-mail kpolisch@normanrha.mb.ca

**Chaplains:**

Rev. Verna Jebb at 204-623-4636  
E-mail: m.mcallum@uwinnipeg.ca

## Spiritual Care in the RHAs

### Churchill

**Contact:**

Steve Todd, CRHA at 204-675-8318  
Fax: 204-675-8328  
Rev. David Caskey at 204-675-2264  
Fax: 204-675-2962  
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### Assiniboine

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E-mail Mteetaert@arha.ca

### Interlake

**Contact:**

Pat Tarnapolski at 204-765-5162  
E-mail ptarnapolski@irha.mb.ca

### Burntwood

**Contact (RHA)**

Stan Franklin 204-6775386  
Fax 204-7781427  
E-mail sfranklin@brha.mb.ca

**Contact (Thompson Christian Council)**

Sister Andrea Dumont 204-677-0163)  
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E-mail educentr@mts.net

### South Eastman

**Contact:**

B. Mackenzie  
#470 La Broquerie, MB, ROA OWO  
Tel 204-424-6025  
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E-mail: bmackenzie@sehealth.mb.ca

**Chaplains (Resthaven Personal Care Home):**

Rev. John Wiebe at 204-326-2206  
Fax 204-326-3521

**Chaplains (Menno Home):**

Abe Funk at 204-434-6496 or 204-434-9193

**Chaplains (Bethesda Health Centre):**

Larry Hirst at 204-346-5166  
Fax 204-326-6479  
Email Lhirst@sehealth.mb.ca

**Chaplains (Vita—South East):**

Rev. Joy Andrusaik  
Email jandrusaik@sehealth.mb.ca

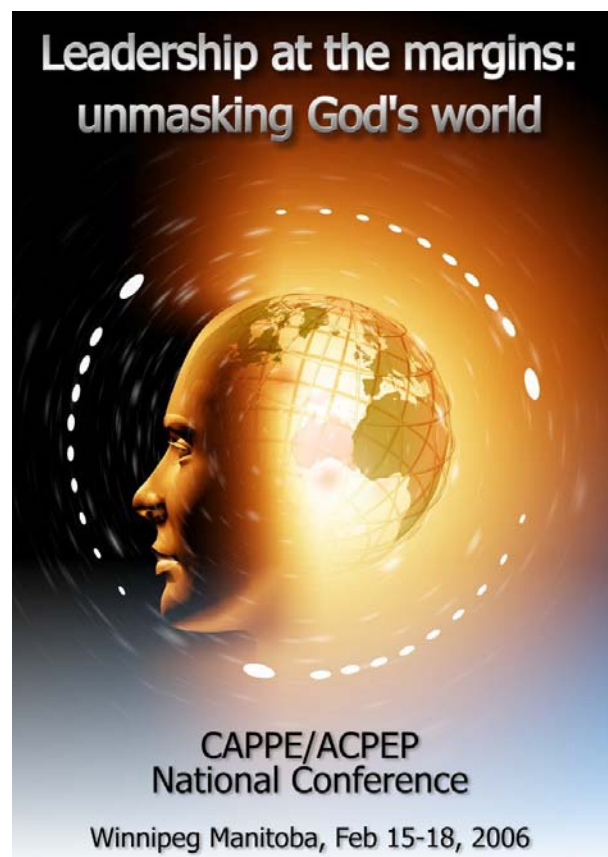
### Selkirk Mental Health Centre

**Contact:**

Marianne Johnson  
E-mail: majohnson@gov.mb.ca

**Chaplains:**

Rev. Mary Holmen at 204-482-3810 ext. 382  
E-mail mholmen@gov.mb.ca  
Elder Ernest Daniels at 204-482-3810 ext. 377  
E-mail edaniels@gov.mb.ca



## Directory of Manitoba's Spiritual Care Community

	FACILITY	NAME	PHONE	FAX
1	Health Sciences Centre (WRHA)	Chaplain Patricia Frain	787-3884	787-1517
2	St. Boniface Hospital	Fr. Gerry Ward	235-3286	235-3528
3	Grace General Hospital	Mjr. Catherine McFarlane	837-0515	831-0029
4	Seven Oaks General Hospital	Rev. Doug Longstaffe	632-3596	697-2106
5	Victoria General Hospital	Rev. Ron Long	477-3216	269-5425
6	Misericordia Health Centre	Fr. Vince Herner	788-8285	772-4304
7	Concordia General Hospital	Rev. Kathleen Rempel-Boschman	667-1560	669-2110
8	Riverview Health Centre	Rev. Dr. Glenn Horst	478-6281	478-6122
9	Deer Lodge Centre	Rev. Aubrey Hemminger	831-2592	895-3217
10	Brandon Regional Health Centre	Rev. John Wilderspin	726-2054	729-9973
11	Eden Mental Health Centre	Rev. Lorne Friesen	325-4325	325-8429
12	Selkirk Mental Health Centre	Rev. Mary Holmen	482-3810 (ext. 382)	482-6390
13	Ste. Rose du Lac	Chaplain Barbara Sutherland	447-2181	447-2250
14	The Pas - Health Complex	Chaplain Lydia Constant	623-5949	623-1506
15	Foyer Valade	Chaplain Aline Catnoir	254-3332	254-0329
16	Fred Douglas Society	Rev. Dr. John Lenshyn	586-8541 (ext. 135)	589-0110 831-0544
17	Golden West Centennial Lodge	Mjr. Roxanne Jennings	888-3311	254-5402
18	Meadowood Manor	Rev. Ed Hamm	256-1610	334-2503
19	Sharon Home	Rabbi Neal Rose	586-9781	233-6803
20	Tache Nursing Home	Chaplain Helen Torchia	233-3692	832-9555
21	West Park Manor	Chaplain Ken Perry	889-3330	222-3237
22	Park Manor	Chaplain John Diamond	222-3251	783-7524
23	Calvary Place	Rev. Henry Schulz	943-4424	727-2103
24	Dinsdale Home	Mjr. Winnifred Perrin	727-3636	233-2564
25	Sara Riel, Inc.	Unavailable	237-9263	589-8605
26	Holy Family Nursing Home	Sr. Monica Papiz	589-7381	326-3521
27	Bethesda Health Centre	Rev. Larry Hirst	346-5166	697-8075
28	St. Joseph's Residence	Normand Blondin	697-8031 (ext. 231)	
29	Regional Aboriginal Spiritual/ Cultural Coordinator	Sakoieta Widrick	926-7132	
30	Lutherhome	Pastor Terry Thronson	338-4641	
31	Boundary Trails	Rev. Ken Austin	452-6923	428-2013
32	Altona Health Centre	Rev. Peter Bartel	324-8295	
33	Manitoba Developmental Centre	Rev. Ron Siemens	856-4200	
34	St. Amant Centre	Ursula Remilliard	256-4301 (ext. 253)	
35	Salem Home Inc.	Rev. David Friesen	325-4316 (ext. 229)	325-5442
36	Middlechurch Home	Betty Bender		betty@middlechurchhome.mb.ca