

Spiritual Care

A Newsletter for Spiritual Care Providers Across Manitoba

Volume 1

Issue 1

Welcome to Spiritual Care,
a newsletter for
Spiritual Care Providers
Across Manitoba.

This bulletin is made available
through the support and
cooperation of a variety of
interfaith organizations and
Manitoba Health.

We welcome the participation of
any and all Manitoba Interfaith
organizations.

To submit an article or for more
information, please contact a
member of the editorial committee,
listed on the back of this issue.

Please feel free to contact a
member of the editorial committee
with your suggestions.

WELCOME TO SPIRITUAL CARE

At the turn of this new century we are witnessing a “spiritual renaissance.” Through nursing and medical journals and other media we are constantly confronted with themes and stories of spirituality.

Women and men who are providers of spiritual care in our public institutions, find themselves surrounded by the delights of divergent belief systems and many cultural traditions. These are exciting days!

We think it is timely to send you this Newsletter which has been compiled out of the willing energy of several “chaplains” and care givers. This is a first edition, with the expectation of having three editions each year, focusing on some of the following areas.

- ◆ Urban and Rural Concerns
- ◆ Reports from the Regions
- ◆ CAPPE Conference
- ◆ Parish Nursing
- ◆ CPE Programs
- ◆ Aboriginal Perspectives on Spiritual Care
- ◆ Palliative Care
- ◆ What suggestions do you have for topics?

The Manitoba Government’s Department of Health is pleased to be a partner in preparing and distributing this information. Please take time to read it over, and count yourself included in its purpose. We would be pleased to hear from you and about you. Lots of phone numbers and e-mail addresses are included to encourage you to do so!

By George Neufeld, Provincial Coordinator of Spiritual Care, Manitoba Health

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We are keenly aware that the old proverb is true:

*“Wherever there is no vision
the people perish”.*

Herein is our intention to spell out a renewed vision of Spiritual Care, and to offer some ways of fulfilling that vision.

Mission Statement

The *Spiritual Care Newsletter* articulates, affirms and explores the essential role of spirituality in holistic health and healing.

Intention

This mission is carried out by providing information, fostering collegiality within and amongst disciplines, affirming the provision of professional care, and connecting persons in all regions of Manitoba.

Vision

The *Newsletter* will:

- offer a format which is fluid, organically relevant, and open
- provide a format for the exploration of issues of access and barriers to care for marginalized people and communities
- promote and reclaim the spirituality of wholeness and healing
- include all disciplines
- encourage diverse and complimentary approaches
- dialogue with other fields of *Spiritual Care*: prisons, schools, etc.

Books that Inspire

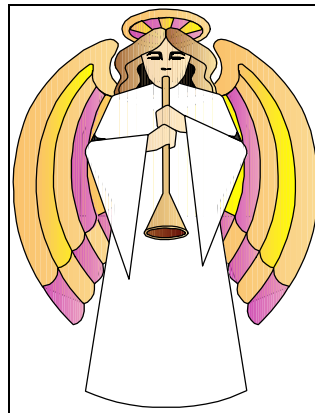
I’m supposing that many of us have discovered an inspiring article or book; or maybe we’ve tried something we thought was going to meet some expectation, but it didn’t. So this is our chance to inform each other about what we have found “between the covers” both liturgically and spiritually.

Recently, I’ve re-read “A Tree Full of Angels. Seeing the Holy in the Ordinary”, by Macrina Wiederkehr, OSB., Published by Harper Collins. (Macrina recently gave a Workshop at St. Benedict’s Education Center) Macrina invites us to:



“gather up the crumbs, the little things in our lives, and realize they have the makings of a banquet.”

The book helps us remember our experiences, pray over them, and notice where God has been, and then respond in some way. Macrina touches all our senses as she writes expressively, poetically, prayerfully. For example: (she uses sense lines, but for the sake of space...)



“For your prayer, your journey into God, may you be given a small storm, a little hurricane named after you, persistent enough to get your attention. violent enough to awaken you to new depths. strong enough to shake you to the roots. majestic enough to remind you of your origin: made of the earth, yet steeped in eternity. frail human dust, yet soaked with infinity. You begin your storm under the Eye of God. a watchful, caring eye gazes in your direction as you wrestle with the life force within. In the midst of this divine wrestling, your storm journey, like all hurricanes, leads you into the eye. Into the Eye of God, where all is calm and quiet...”

(Page 49) . 155 pages, with good Bibliography. Other books by Macrina: “Gold in Your Memories” and “Seasons of Your Heart”.

For comments or suggestions contact:

Laure Salo, Chaplain, St. Boniface General Hospital (billaure@shaw.ca)

"What is Spiritual Care?"

At the heart of *Spiritual Care* for most chaplains is a particular art of conversation.

If every profession is in some way unique, surely it is the nature of our dialogue with patients that distinguishes us most of all as offering a distinct service. I would describe such dialogue as primarily focusing on that place inside of us where the psyche meets with the spirit. That space or place is to me the soul.

For such a dialogue of souls to occur, the Spiritual Care worker must bring him/her whole self to the moment of encounter with the person to whom they are ministering. In a sense, if we were to talk about our main tool of the "trade" it would be ourselves.

The years of study spent in theology, pastoral science and other related disciplines all really come together in this art of dialogue wherein empathy and the search for meaning are brought together. At times the Spiritual Care worker may feel she/he is primarily facilitating the expression of blocked emotion.

Whereas on other occasions they may feel a great sense of co-struggle in a search for making some sense out of what may appear to be an absurd situation.

It is the task of the Spiritual Care provider to facilitate the emergence of the patient's/inmate's own understanding or acceptance of their situation as they seek to connect with their higher power.

Perhaps ironically, silence is often a large part of such a dialogue. This is because the Spiritual Care provider is not seeking to provide advice in most instances, but to facilitate the coming together or integration of heart and head or mind and emotion.

When a person is integrated and aligned in such a way, in relation to their situation, the power of the spirit flows much better throughout the person's being. The effect of this may be a greater increase in physical health, or simply but no less profoundly, a greater sense of well being as a person.

As Spiritual Care is provided at times of loss, the attitude of the Spiritual Care provider to death is an important one. The Spiritual Care professional may see death as an enemy less frequently than do some other professions.

Nevertheless, Spiritual Care must affirm the awfulness and the horror of those untimely deaths which can be described as nothing less than tragic. In affirming the tragic element and seeming absurdity with all sincerity, the Spiritual Care provider comes to be accepted by the other as one who is along side of them, as opposed to above, aloof or detached.

The prayer, which is made in many if not all circumstances for the person receiving care, is really a continuation of this spiritual art of soul dialogue. The difference here is that such dialogue is now focused directly to God as we understand this.

At these moments, one becomes acutely aware of just how much one really is walking on sacred ground with the other. The most important ingredients in such prayer are sincerity, compassion and sensitivity. Such things cannot be manufactured and indicate just how much a Spiritual Care worker is really reliant upon her/his own self rather than techniques, strategies or tactics.

This is not to suggest that there are not concrete methodologies or tangibles of practice which one can learn in the way of skill development for Spiritual Care. There also must be an integrated understanding of one's self so they may speak from the heart.

The importance of the self as the main tool for helping is shared to a large degree with counselors and therapists who may work with a variety of methodologies.

Recent research suggests that the reason that many different modalities of therapies can be effective or ineffective has to do, not so much with the technical skills of the therapists, but with their ability to forge a relationship of trust.

Such a relationship is not only healing in and of itself, but opens the door for the use of concrete skills in a manner which is efficacious.

A discussion of some of these skills will be topics for upcoming newsletters.

Feature written by: Reverend Doug Longstaff, Director, Spiritual Care, Seven Oaks General Hospital.

Laughter May be The Best Medicine

Humour has historically always been a path to healing and health. The Hebrew Scriptures (Proverbs 17:22) advise that "A glad heart is excellent medicine". Today, scientists are confirming the fact that humour has beneficial effects on both mind and body.

Physiologically, humour stimulates the circulatory, respiratory, sympathetic nervous systems. (1) Laughter has been found to induce a relaxation response where blood pressure drops, muscle tension decreases, digestion is enhanced and pain is reduced in response to released endorphins. (2)

Sometimes, we laugh so hard that the tears flow. Tears have been shown to flush out accumulated toxins, steroids and hormones. (3)

Just as laughter is good for the body, it is also good for the Soul. Humour has been shown to produce some of the same benefits as spiritual practices. Humour promotes connectedness and others, a sense of perspective, feelings of hope, a sense of joy and a feeling of relaxation. (3)

For comments and suggestions:

Tim Frymire and Timothy Fenlon
Chaplains
St. Boniface General Hospital
E-mail: tfenlon@sbgh.mb.ca

References:

1. Fry W. Jr, Rader C. The Respiratory Components of Humour and Laughter. J. Biol Psychol 1977; 19: 39 - 50.
2. Siegel BS. Love, Medicine, and Miracles. New York, New York: Harper and Row, 1986.
3. Herth K. Contributions of Humour as Perceived by the Terminally Ill. Am J Hosp Care 1990; 7 (1): 36 - 40.

SITES FOR SORE EYES

The purpose of the following information is to research web sites that will assist Spiritual Care Givers.



Translation: Time Savers!

How often have you wondered where a certain piece of information is located, and ended up taking more time than anticipated looking for it while on the internet? My hope is that this section will save time, inform people, and help create an electronic library. New additions will be made in each edition.

To start, enclosed are a few web sites that may be of help to people. The first is a look at spiritual newsletter and its call name is:
www.lichfield.anglican.org/healthcarechaplains/newsoc00.htm

Another site for interest is:
mennolink.org/pastors/preaching

Helping people through their loss:
www.mintools.com/loss.htm#click

And for sanity, how about some humor:
www.charlies-chaplains.co.uk/index.htm

For comments or suggestions contact:

Timothy Fenlon, Chaplain, St. Boniface General Hospital
(tfenlon@sbgh.mb.ca)

Strategies for Worship

We SO want to pray for, and celebrate with, those to whom we minister. Sometime we just need the germ of an idea, a seed that we might develop into our own personal way of praying, or leading to deeper prayer.

Maybe you have found some form, or ambiance, or decor, or music that engages the spirit of your folks. I have a few thoughts and experiences that I'd like to offer in the editions to come, and we hope that you will be willing, to share your prayer experiences with us.

For comments or suggestions contact:

Laure Salo, Chaplain, St. Boniface General Hospital
(billaure@shaw.ca)

Spiritual to the End

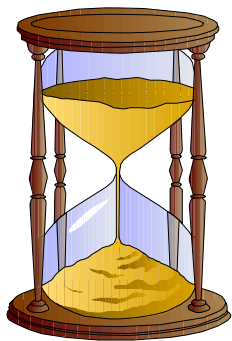
Even a cursory look at our society shows us that we live in a society that is aging. Today, 12% of Canadians are over the age of 65. In 2012, only 11 years from now, 25% of Canada's population will be 65 years old or older.

This reality itself calls for a concerted effort to understand spiritual implications and dynamics of the aging process, and the spirituality connected with being elderly. Yet other factors also dictate an urgency to develop spiritual care in relation to this population as it is now, and as it is developing.

Canada has the highest rate of institutionalized persons over 65 in the world, at 8.4%. Further, an estimated 320,000 Canadians currently live with Alzheimer Disease. That number is expected to increase to at least 750,000 in the next 30 years. A full 50% of persons with this disease are living in personal care homes.

The elderly living in personal care homes have their own unique needs in addition to those shared with the elderly still living in community.

These unique needs require an equally unique and specialized education, training, and ministry on the part of the spiritual care provider if the goal of spiritual, and by extension, holistic well being and growth until life's end, is to be achieved.

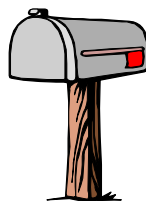


As the well being and spiritual growth of the elderly person is maintained and promoted, a mutuality of ministry and spiritual journeying develops between the

spiritual care provider and the older adult, whether that person lives in community, is a resident in a personal care home, or is cognitively impaired. In this mutuality of life, we then find that the elderly once again become teachers and prophets in our midst.

It is to these people, and their care providers, that "Spiritual to the End" will dedicate its space. These and other themes related to spiritual care of the elderly, and ministry in personal care homes to both the cognitively well and impaired will be explored in further issues of this newsletter.

For comments or suggestions, contact:



Rev. John Lenshyn
Pastoral Care Coordinator
Fred Douglas Society
at jlenshyn@mb.sympatico.ca

References:

- "Chaplaincy to Seniors" a report presented to the Anglican Provincial Synod of the Ecclesiastical Province of Ontario. October 15, 1997
- "A Guide to End-of -Life Care for Seniors" University of Toronto and University of Ottawa. Health Canada. 2000

"Old age ain't no place for sissies!"

- *Bette Davis*

HOPE AND HEALING

The Hope and Healing section is mandated to give information, insight, and sensitivities to all readers, so we may be more present to those who struggle with mental health concerns.

At least one percent of the population is likely to have a serious and persistent mental illness and this is equal to about 300,00 Canadians at any given time. Approximately one out of every five persons is likely to be diagnosed with a mental illness at some time during their entire life. In other words, close to six million Canadians will have a mental illness during some period in their lives.

Barriers still exist in many walks of life for people with mental illness, because old attitudes and mis-perceptions are hard to change.

What many times gets lost in the care of persons with mental illness, is the holistic approach. This is talked about in areas of rehabilitation, but is many times not given the entitlement it deserves. The body and mind of the person appears to be of

utmost importance, but the spiritual and/or religious part of the person can be glossed over and get lost in the recovery process. It is essential to pay close attention to the spiritual side of the persons' experiences in order to genuinely be responsive to their needs. Research has been done to indicate that there is a positive connection between spirituality and well being.



People with mental illness often have a difficult time in churches, as they feel isolated and misunderstood. Then where are people to go in order to explore their inner sense of being - where their hope lies - where they get their strength for the reason to live.

For comments or suggestions:

Marline Wruck, Chaplain and Mission Facilitator,
Sara Riel, Inc. mwruck@sararielinc.com

COMPLEMENTARY HEALING

New World, Old Ways

The Complimentary Healing section will provide education and dialogue about non-biomedical approaches to healing and medicine, focusing on those that are rooted in religious tradition or spiritual paradigms.

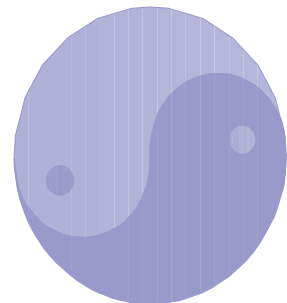
Prayer, Meditation, Healing Touch, Reiki, Holistic Philosophy, and Indigenous Healing Practices are all examples of subjects that might be included in this section.

The field of Complimentary Healing will be explored through interviews with prominent authors

and local practitioners to provide information on different schools of healing, as well as their interface with Spiritual Care and Chaplaincy proper.

For comments or suggestions contact:

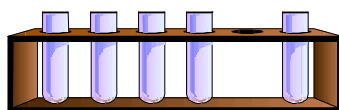
Rev. Jonathan Ellerby,
Director of Spiritual Care
Department,
Health Sciences Centre.
(204) 787-1795
jellerby@hsc.mb.ca



GOD IN THE TEST TUBE

In this era of evidenced based health care, Spiritual Care, or chaplaincy has often been perceived as a “soft” science. Now there is welcome news about what we’ve always intuitively suspected: that Spiritual Care does more than hold hands and foster warm fuzzy feelings. It actually promotes health and healing. Chaplains and supporters of spiritual care can now point to a growing body of research that confirms the positive effect of spiritual care and belief.

For instance a 1998 study of nearly 600 severely ill patients demonstrated that those who sought a connection to God, and had support from clergy and faith group members, were less depressed and rated their quality of life as higher, when compared to similarly ill patients who lacked these supports. (Koenig, 1998)



A study of 1600 cancer patients found that spiritual well being was just as important in determining quality of life as physical well being. Even when experiencing significant fatigue and pain, patients with high levels of spiritual well being rated their quality of life higher than patients with similar symptoms but low spiritual well being. (Brady, 1999)

For comments or suggestions contact:

Tim Frymire, Chaplain, St. Boniface General Hospital
(tfrymire@sbgh.mb.ca)

References:

Brady, Marianne J., Peterman, H.H., Fitchett, G., Mo, M., & Cella, D. (1999) *A Case for including Spirituality in Quality of Life Measurement in Oncology. Psycho-Oncology*, 8(5), 417-428.
Koenig, Harold G., Pargament, K.I., & Neilsen, J. (1998). *Religious Coping and Health Status in Medically Ill Hospitalized Older Adults. Journal of Nervous and Mental Disease*, 186 (9), 513-521.

*Look for “hardening” of the science of Spiritual Care in this space.
Future topics: Research on Spiritual Care and Mental Health
Spiritual Care makes a difference for families of patients*

SELF CARE FOR CARE PROVIDERS

A Workshop for Community Clergy, Church Workers, Institutional Spiritual Care Providers and other Caregivers

When: April 5, 2002 (9 am to 4 pm)

Where: Bethania Mennonite PCH
1045 Concordia Avenue

Registration: \$30 includes lunch

For information: (204) 661-7401

CATHOLIC HEALTH ASSOCIATION OF CANADA CONFERENCE (CHAC)

Embracing our World with Hope - Reclaiming our Identity

When: May 4th - 7th, 2002

Where: Delta, Winnipeg, Manitoba

Presenters include: Michael W. Higgins, PhD., Most Rev. Paul-Andre Durocher, Larry Dossey, MD, Sheila Cassidy, BM, BCh, Michael Decter

For information: (204) 235-3106

MANITOBA ASSOCIATION OF INTERFAITH PASTORAL CARE (MAIPC)

Hospice and Palliative Care Manitoba Conference

When: September 19th - 20th, 2002

Where: Convention Center

Contact: Pat Maruca (204) 889-8525

THE BODY & SOUL - A SPIRITUAL EXPERIENCE

When: March 19, 2002

Where: Brokenhead River Recreation Complex, Beausejour MB

Registration: \$15 includes lunch

Contact: Jane Petkau (204) 753-2249

If you are aware of any upcoming event, please contact Laure, at (204) 254-7958 or by e-mail at billaure@shaw.ca

TRAINING FOR MINISTRY

FACULTY OF THEOLOGY

University of Winnipeg

For several generations in Winnipeg, the Faculty of Theology has a history of offering opportunities for students to receive sound and practical theological education. As the 21st Century opens up, we find ourselves with renewed opportunities to provide an excellent learning environment for those who seek spiritual understanding and vocational formation in ministry.

Students from a wide variety of background and religious conviction may work towards any number of Masters level degrees. We enjoy productive partnerships with the Interfaith Marriage and Family Institute and with several theological Consortium partners in the Winnipeg Area.



The Faculty of Theology also enjoys a cooperative association with the educational activities of the Canadian Association of Pastoral Practice and Education.

For more information contact:

Rev. Paul Campbell, Registrar,
Faculty of Theology,
University of Winnipeg.
pcampbell@uwinnipeg.

SUPERVISED PASTORAL EDUCATION

The Purpose of programs in Supervised Pastoral Education (SPE), Or Clinical Pastoral Education (CPE) is to assist the provider of Spiritual Care to become more effective in the practice of ministry. This form of theological education includes developing a better understanding of people, their difficulties and deeper spiritual experiences and achieving greater self-awareness in relation to spiritual care.

These programs are designed for all persons interested in providing spiritual care, such as clergy, religious, volunteers, and theology students. There are seven possible training sessions in Manitoba. Some are full time, some extended, and some residency.

For information contact:

The Faculty of Theology Office
University of Winnipeg
(204) 786-9390

ABORIGINAL SPIRITUAL CARE EDUCATION PROGRAM

This program blends Chaplain training with traditional Aboriginal approaches to Spiritual Care and Aboriginal styles of teaching.

This unique program will focus on many of the cultural traditions and distinct historical experiences of Aboriginal people.

Delivered co-operatively by an Aboriginal instructor and a Clinical Pastoral Education Supervisor, the standard CPE model will be enhanced with cultural teachings, Aboriginal perspectives, and a curriculum that focuses on the diverse Aboriginal needs and issues involved in health care.

Beginning in January 7th through June, at the Health Sciences Center.

For more information contact:

Rev. Jonathan Ellerby
(204) 787-1795 or Fax 787-1517
E-mail jellerby@hsc.mb.ca

PARISH NURSING

- Undergraduate courses are available at Red River Community College
- Masters Level Program is available at University of Winnipeg, Theology Department

SUPERVISED PASTORAL EDUCATION

The purpose of Programs in Supervised Pastoral Education is to assist the provider of spiritual care to become more effective in the practice of ministry. This form of theological education includes developing a better understanding of people, their difficulties and deeper spiritual experiences and achieving greater self-awareness in relation to spiritual care.

The experientially based approach to education provides:

- Intensive involvement with people in crisis
- Supervised pastoral calls
- Clinical conferences with other professionals
- Seminars ,reading, workshops and worship
- Theological reflection

These studies are designed for all persons interested in doing spiritual care, such as clergy, volunteers, religious and theology students. Opportunities are available for qualified participants to become specialists or certified Spiritual Care Providers. The training is in accordance with the standards of The Canadian Association for Pastoral Practice and Education. Academic credit is available, upon application, to a qualified students through the Faculty of Theology, The University of Winnipeg.

COURSE OFFERINGS:

Full-time [11 week] units May to July 2002

For more information please contact:

- | | | |
|---------------------------------------|---------------|----------------|
| ◆ Victoria General Hospital | Ron Long | (204) 477-3216 |
| ◆ Bethania/Concordia General Hospital | Harry Ritchie | (204) 661-7402 |
| ◆ St Boniface General Hospital | Tim Frymire | (204) 237-2645 |

RESIDENCY PROGRAM September 2002 to May 2003

For more information please contact:

- | | | |
|---------------------------|------------|----------------|
| ◆ Riverview Health Centre | Glen Horst | (204) 478-6281 |
|---------------------------|------------|----------------|

Extended [part-time] Units: September 2002 to April 2003

For more information please contact:

- | | | |
|---------------------------------|----------------|----------------|
| ◆ Headingly Corrections | Yoshi Masaki | (204) 831-4631 |
| ◆ University of Winnipeg | George Neufeld | (204) 786-7146 |
| ◆ St. Boniface General Hospital | Tim Frymire | (204) 237-2645 |
| ◆ Bethania/Concordia GH | Harry Ritchie | (204) 661-7402 |



A Short Directory of *Who's Who* in the Manitoba Spiritual Care Community

FACILITY	NAME	PHONE	FAX
1. Health Sciences Centre	Rev. Jonathan H. Ellerby	787-1795	787-1517
2. St. Boniface Hospital	Fr. Bob Girard	237-2356	235-3528
3. Grace General Hospital	Mjr. Catherine McFarlane	837-0515	831-0029
4. Seven Oaks General Hospital	Rev. Doug Longstaffe	632-3596	697-2106
5. Victoria General Hospital	Rev. Ron Long	477-3216	269-5425
6. Misericordia Health Centre	Fr. Vince Herner	788-8285	772-4304
7. Concordia General Hospital	Rev. Rosalie Loeppky	667-1560	669-2110
8. Riverview Health Centre	Rev. Glenn Horst	478-6281	478-6122
9. Deer Lodge Centre	Canon Barbara Barnett	831-2592	895-3217
10. Brandon Regional Health Centre	Rev. John Wilderspin	726-2054	729-9973
11. Eden Mental Health Centre	Rev. Lorne Friesen	325-4325	325-8429
12. Selkirk Mental Health Centre	Rev. Mary Holmen	482-1607	785-8936
13. Ste. Rose du Lac	Chaplain Judy Saquet-Warrener	447-2181	447-2250
14. The Pas - Health Complex	Chaplain Lydia Constant		
	Fr. James Ravenscroft	623-8231	623-5372
15. Foyer Valade	Chaplain Aline Catnoir	254-3332	254-0329
16. Fred Douglas Society	Rev. John Lenshyn	586-8541	589-0110
17. Golden West Centennial Lodge	Mjr. Daphne Maye	888-3311	831-0544
18. Meadowood Manor	Rev. Ed Hamm	256-1610	254-5402
19. Middle Church Home	Rev. Lynne Austin	339-1947	334-2503
20. Sharon Home	Rabbi Neil Rose	586-9781	589-7560
21 Tache Nursing Home	Chaplain Helen Torchia	233-3692	233-6803
22. West Park Manor	Chaplain Ken Perry	889-3330	832-9555
23. Park Manor	Chaplain John Diamond	222-3251	222-3237
24. Calvary Place	Rev. Henry Schulz	943-4424	783-7524
25. Dinsdale Home	Capt. Sherri Williams	727-3636	727-2103
26. Sara Riel, Inc.	Chaplain Marline Wruck	237-9263	233-2564
27. Holy Family Nursing Home	Sr. Monica Papiz	589-7381	589-8605

SPIRITUAL CARE AT THE RHA'S

This is a short review of the spiritual care available, services being offered and issues being addressed through each of the Regional Health Authority's (RHAs) communities. For more information, please contact those individuals listed.

1. Burntwood RHA

The Thompson Christian Council functions as an Advisory Group. They provide available clergy to the health centre on a 24-hour basis. They have a need for a Traditional Aboriginal Spiritual Care presence in the hospital.

RHA Contact: Ed Azure Ph# 1-204-677-5390 or edazure@norcom.mb.ca
Thompson Christian Council - Rev. Leslie King Ph# 677-4495

2. Winnipeg RHA

A Strong Spiritual Care Advisory Committee was formed in 1999. They are developing and have sent forward to the WRHA a number of proposals. Among these are: A Residency CPE training program, a lay training program for volunteers, Home Care chaplaincy, Spiritual Care in Specialized Centres (Riverview, Mental Health, CancerCare) and concerns re: Spiritual Care in Personal Care Homes. They have an active committee working with the WRHA on Personal Health Information Act issues with regards to clergy access to hospitals. Winnipeg has a total of 63 full-time and part-time Spiritual Care providers.

RHA Contacts: Terry Goertzen Ph# 1-204-926-7004
Rev. Doug Longstaffe Ph# 1-204-632-3596
or doughl@sogh.winnipeg.mb.ca

3. Churchill RHA

Churchill ministerial members respond to individual needs of parishioners. Most of the Inuit identify either with the Catholic or Anglican tradition and have a good relationship with the clergy of those denominations. There is a need for ongoing education for clergy and lay spiritual care providers.

RHA Contact: Miss Linda Cook Ph# 1-204-675-8352
Spiritual Care Advisory Committee: Rev. David Caskey Ph# 1-204-675-2264

4. Interlake RHA

A regional spiritual Advisory committee was formed early in 2000. They chose as priorities to: survey all the institutions, raise awareness of spiritual care in the region, and take on the issues of ethics, education and training, culturally appropriate spiritual care and "Spirit to the workplace" or collegiality among all health care providers.

RHA and Spiritual Care Advisory Committee Contacts:
Pat Tarnapolski Ph# 1-204-765-5162 or ptarnapolski@irha.mb.ca

Note:

The Selkirk Mental Health Centre (not formally part of region but located in Selkirk)
They are developing a strong model pastoral service with a full-time chaplain and two Aboriginal Elders. Some plans are underway for a Clinical Pastoral Education Course.

Contact: Rev. Mary Holmen Ph# 1-204-482-3810 (ext. 382) or mholmen@gov.mb.ca
Elder Ernest Daniels Ph# 1-204-482-3810 (ext. 344) or edaniels@gov.mb.ca

5. South Eastman RHA (SERHA)

This was one of the first regions to develop a Spiritual Care Advisory Committee (SCAC). They have surveyed all their institutions and a full-time sponsored chaplain is functioning in the Steinbach Hospital and Personal Care Home. Two other sponsored chaplains are functioning in the Resthaven and Menno Home in Steinbach and Grunthal. The Committee has proposed a full-time Spiritual Care Coordinator position to the Regional Health Authority.

RHA Contact: Ken Werch Ph# 1-204-424-6025

SCAC Contact: Anne Plett Ph# 1-204-433-7636

6. Parkland RHA

A Spiritual Care Advisory Council was established in 1999 who have completed a survey of the institutions. On the basis of this survey proposals have been made to the RHA for a full-time chaplain coordinator and a Clinical pastoral education program. The Clinical Pastoral Education program began on September 24, 2001, and is being supervised by the Provincial Coordinator, Rev. George Neufeld. A full-time sponsored chaplain is located in St. Rose du Lac.

RHA contact: Mavis Wood Ph# 1-204-662-6230.

SCAC contact: Major Michael Buyachuk Ph# 1-204-638-4618

7. Brandon RHA

With the initiative of the Brandon Ministerial Association, and the support of Ms Helga Bryant, vice-president of Support Services, the terms of reference have been developed for a Spiritual Advisory Committee have been developed and are now ratified through the Brandon RHA. Members of this new Advisory committee were selected from senior management of the BRHA, Brandon Ministerial, and other religious representatives including First Nations people. The committee has developed a mission statement and values, and is working on a number of issues.

The Ministerial Association continues to provide spiritual care and worship services to the patients and residents of the five personal care homes in Brandon. The first clinical pastoral education unit was supervised by provincial coordinator, Rev. George Neufeld. The program was well received by hospital staff and supported by the RHA through the efforts of Ms Bryant and the Spiritual Care Advisory Committee. A need is seen to develop an on going CPE program in Brandon to meet the needs of Spiritual care providers and the increasing demands for chaplains in western Manitoba.

RHA Contact: Ms Helga Bryant Ph# 1-204-726-2119

SCAC: Rev. John Nesbitt Ph# 1-204-728-4796

8. North Eastman RHA

A Spiritual Care Advisory Committee was formed in the spring of 2000. They have focused on priorities for the region including: to support, advise and consult NEHA on spiritual care and ethical issues, to assess spiritual needs along the health care continuum, and to advocate for the essential status of spiritual care in health care, education possibilities and multi-faith approach.

NEHA contact: Ms Judy Coleman Ph# 1-204-753-2012 or jcoleman@neka.mb.ca

SCAC contact: Rev. Bob Murray Ph# 1-204-753-8439 or pef@granite.mb.ca

9. Marquette RHA

Clergy in the various districts are very involved in the hospitals and personal care homes. A meeting was called by Gerry Berry (RHA) between clergy and regional health programs and services staff, and the first step was taken in creating a spiritual care advisory committee. Two clergy from Neepawa participated in the Clinical Pastoral Education training in Brandon last year.

SCAC/RHA contact: Pat Cockburn Ph# 1-204-759-4507

10. South Westman RHA

A regional Spiritual and Religious Care Committee has been established, and meet quarterly. It is made up of clergy from various denominations and multi-disciplinary health care providers. They have developed a Religious and Spiritual Care program with an overall goal of integrating spirituality within the health care system through the development of consistent standards, and to maintain a highly professional level of spiritual care in the facilities.

Some unique aspects of Spiritual Care in this region are the involvement of clergy in a "Home" program for palliative care and the assumption of the chaplain position by two community clergy in Virden. Major concerns are the ministry to clients who are not denominationally connected and the lack of clergy presence in some of the outlying towns.

RHA Contact: Lorri Jones Ph# 1-204-522-8177
rhamel@escape.ca

11. Central RHA

A Spiritual Care Advisory Committee is in place in this large and geographically spread out region. The major focus has been on standards for Spiritual Care, the raising of awareness of Spiritual Care in the institutions and along the health care continuum. There is a great need to organize spiritual care and the question of salaried chaplains in the Boundary Trails and the Portage La Prairie hospitals has been raised. Eden Mental Health Centre has a salaried chaplain in place and the question of a Clinical Pastoral Education teaching program re-opening there has also been raised. Altona has two sponsored chaplains and Morris/Emerson has used a half-time chaplain in the palliative program. Two chaplains have been employed at the Salem and Tabor personal care homes at Morden and Winkler.

The committee is also very active communicating information on *The Personal Health Information Act* (PHIA) to clergy and the community at large. They have developed a mailing list and have also used radio announcements very successfully. This has helped to foster good relationships with the clergy and to reduce some anxiety around the PHIA issues raised for clergy.

RHA Contact: Etta McFadden Ph# 1-204-331-2155
SCAC Contact: Rev. Leslie Calder Ph# 1-204-324-6741

12. NOR MAN RHA

Ministers from The Pas, Flin Flon and Snow Lake operate as service providers to their respective centres. In Flin Flon, two clergy have taken on the coordinating role and are considered chaplains. In the Pas, Anglican and Catholic churches partially sponsor chaplains in the hospital and personal care homes. The Anglican Church employs a part-time Aboriginal Elder and Henry Budd College trains Aboriginal Spiritual Care providers.

NRHA contact: Pat Bilquist Ph# 1-204-687-1306
SCAC contact: Fr. Harry Rose[Flin Flon] Ph# 1-204-687-7615
Fr. James Ravinscroft &
Linda Constant [The Pas] Ph# 1-204-623-2938

SCN

The *Spiritual Care Newsletter* is developed by a committee of community spiritual care advisors, including:

Paul Campbell
786-9857

Tim Frymire
237-2356

Timothy Fenelon
237-2356

Laure Salo
237-2356

Richard Dearing
786-9252

Jonathan Ellerby
787-1795

John Lenshyn
586-8541

Marline Wruck
237-9263

George Neufeld
786-7146

With comments, contact:

Reverend George Neufeld
Provincial Coordinator
Manitoba Health
2051— 300 Carlton Street
Winnipeg MB R3B 3M9

Telephone: (204) 786-7146
Facsimile: (204) 772-2943
E-mail: geneufeld@gov.mb.ca

**To add your name to
the mailing list, or to have
your name removed,
please contact:**

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